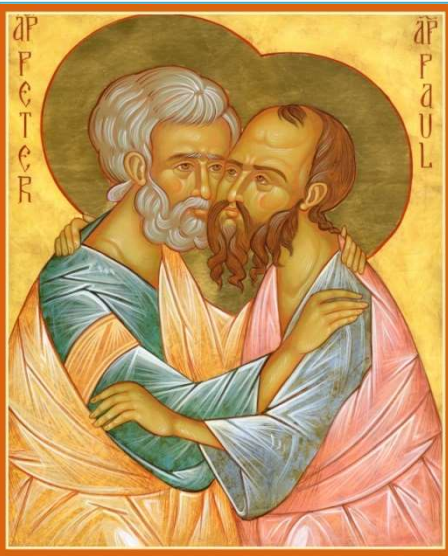


TRIUMPH OF

ORTHODOXY





St. Peter & St. Paul Ukrainian Orthodox Church

220 Mansfield Blvd. (mailing: PO Box 835), Carnegie, PA 15106

Rev. Fr. John Charest

847-910-7120 - frjohn.charest@aol.com

Deacon Evan O'Neil

Parish Hall: 412- 276-9718

President: Howard West 724-910-9627

www.orthodoxcarnegie.org

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SUNDAY, MARCH 13, 2022

SUNDAY, MARCH 13TH

DIVINE LITURGY, 9:30 AM TONE 5

SUNDAY OF ORTHODOXY

ST BASIL THE CONFESSOR

LITANY FOR NICHOLAS & PEARL PREGNAR

HEB II: 24 -26, II: 32 -12: 2 ; JN I: 43-51

TUESDAY, MARCH 15TH

6:00 PM, MOLEBEN TO THE MOTHER OF GOD

WEDNESDAY, MARCH 16TH

6:00 PM, PRESANCTIFIED LITURGY

FRIDAY, MARCH 18TH

9:30 AM, PRESANCTIFIED LITURGY

SATURDAY, MARCH 19TH

6:00 PM, VESPERS

SUNDAY, MARCH 20TH

DIVINE LITURGY, 9:30 AM TONE 6

SUNDAY OF ST. GREGORY PALAMAS

HEB I: 10- 2:3 ; MK 2:1 -12

ALL SERVICE LIVE STREAMED AT:

<https://orthodoxcarnegie.org/livestream>

TODAY'S BULLETIN IS SPONSORED BY.

STASKO FAMILY IN MEMORY OF OUR MOTHER,
EVA STASKO'S 91ST BIRTHDAY. MEMORY ETERNAL

STEVE AND ALICE SIVULICH IN LOVING MEMORY OF
SARAH DORNING. MEMORY ETERNAL

**The Sts. Peter & Paul Ukrainian Orthodox Church Bulletin is published weekly by
The Senior Chapter of the Ukrainian Orthodox League**

Editor: Michael Kapeluck

Bulletin Submissions are due by 8:00 am Thursday morning. Written submissions can be:

-hand delivered to the editor

-placed in the Bulletin envelope in the church vestibule.

-mailed to: 300 East Main Street, Carnegie, PA 15106

-e-mailed to: kapeluck@verizon.net

We welcome you today

We would like to remind our visitors of the following;:

- ❖ All people are encouraged to participate in the sacred services of our Church. We hope that you will be able to worship as well as have fellowship with us. Should you wish any information about the Orthodox Faith or this parish in particular, please see the rector or any member of the church. We are able to place you on our mailing list.
- ❖ Only Orthodox Christians may receive the Eucharist (Holy Communion) in the Orthodox Church. In like manner, Orthodox Christians may not receive the sacraments in a non-Orthodox Church. While we hope that one day all Christians will find unity and be able to approach the chalice of our Lord together, we observe the teachings of the Church that the Eucharist is a gift of unity and not a means of unity.

We remind our faithful and visitors of the following guidelines concerning the Holy Sacraments in the Orthodox Church.

- ❖ Orthodox Christians are urged to receive Holy Communion frequently.
- ❖ Communicants should be at peace with others before approaching the chalice (Mt 5:23-24)
- ❖ Realize the importance of making a thorough examination of sins and transgressions against God, ourselves and others and having prayed for forgiveness before coming to Holy Communion.
- ❖ Frequent communicants should come to Holy Confession at least four times a year (during the four fasting periods of the year). and additionally when an examination of conscience reveals the necessity to do so in order to heal any sinful behavior.
- ❖ Communicants should fast from all foods and liquids from the evening before receiving Holy Communion.
- ❖ Communicants should read prayers in preparation for receiving Holy Communion.
- ❖ All Orthodox Christians must receive the sacraments at least once a year.
- ❖ Those who are late for Divine Liturgy (after the reading of the Epistle and Gospel) should not approach the chalice.
- ❖ Those who are ill or who have special physical needs are exempt from the above guidelines.
- ❖ Infants and children (up to the age of seven) who are Orthodox Christians may receive Holy Communion and are exempt from the above guidelines.

Thank you for gathering to worship with us today. Together we have glorified the One God, Father, Son and Holy Spirit. May we be brought closer to one another and closer to God by following the eternal teachings of our Lord.

Нагадуємо нашнім гостям., що:

ми заохочуємо всіх до участі у Священній Літургії в нашій Церкві; ми сподіваємося, що Ви зможете не лише молитися тут, але й стати членом нашої громади. Якщо Ви хочете отримати якусь додаткову інформацію про Православну віру, чи, зокрема, про нашу парафію, звертайтеся, будь ласка, до отця настоятеля чи до будь-кого із членів нашої парафії. Ми можемо внести вашу адресу до парафіяльного списку розсилки;

лише православні християни можуть отримати Євхаристію (Святе Причастя) у православної церкви і, відповідно, православні християни не можуть отримувати святого причастя у неправославної церкві Плекаючи надію на те, що у майбутньому всі християни досягнуть єдності і зможуть разом пити із чаші нашого Господа, ми дотримуємося вчення церкви про те, що Євхаристія - це дар єдності, а не засіб до єдності.

НАГАДУЄМО НАШИМ ВІРНИМ І ГОСТЯМ ПРО ПРАВИЛА, ЩО СТОСУЮТЬСЯ СВЯТОГО ПРИЧАСТЯ У ПРАВОСЛАВНІЙ ЦЕРКВІ:

ми спонукаємо православних християн часто ходити до Святого Причастя;

ті, хто причащаються, повинні бути у мирі з іншими перш, нас підійти до євхаристичної чаші (Св.Матвій 5:23-24);

перед тим, як прийти на Святе Причастя, дуже важливо ретельно осмислити гріхи і порушення, які було вчинено проти Бога, нас самих та інших і помолитися за їх відпущення;

тим, хто часто причащається, слід приходити на святу сповідь принаймні чотири рази на рік (під час кожного із чотирьох щорічних постів);

ті, хто причащається, повинні з вечора перед прийняттям Святого Причастя, припинити вживання всякої їжі і напоїв;

ті, хто причащається, повинні шляхом молитов підготувати себе до прийняття причастя;

всі православні християни повинні, принаймні, раз на рік отримати Святе Причастя;

ті, хто спізнився на Божественну Літургію (пришов після того, як було прочитано Апостол і Євангеліє) не можуть підходити до чаші; **хворі**, і **ті**, хто має обмежені фізичні м'єисливості, звільняються від вище викладених вимог;

немовлята та діти до семи років, які належать до Православної християнської віри, можуть отримувати Святе Причастя і звільняються від вище викладених вимог;

Причастя і звільняються від вище викладених вимог;

Дякуємо за те, що Ви прийшли помолитися з нами сьогодні у церкві Ісуса Христа. 'Разом з вами ми віддали славу Єдиному Господу, Отцеві, і Синові, і Духові Святому. Нехай дотримування вічного вчення нашого Господа наблизить нас один до одного Бо

SUNDAY OF ORTHODOXY



TROPARION TO THE RESURRECTION TONE 5

Let us, the faithful, praise and worship the Word, co-eternal with the Father and the Spirit, born for our salvation of the Virgin; for He willed to be lifted on the Cross in the flesh, to endure death, and to raise the dead by His glorious Resurrection!

TROPARION SUNDAY OF ORTHODOXY - TONE 2

We venerate Your most pure image, O Good One, and ask forgiveness of our transgressions, O Christ God. Of Your own will You were pleased to ascend the Cross in the flesh to deliver Your creatures from bondage to the enemy. Therefore with thanksgiving we cry aloud to You: You have filled all with joy, O our Savior, by coming to save the world.

KONTAKION SUNDAY OF ORTHODOXY - TONE 8

No one could describe the Word of the Father; but when He took flesh from you, O Theotokos, He accepted to be described, and restored the fallen image to its former beauty. We confess and proclaim our salvation in word and images.

PROKIEMON- TONE 4

Blessed are You, O Lord God of our fathers, and praised and glorified is Your Name forever! (

V. For You are just in all that You have done for us!

Lesson from the Epistle of Saint Paul to the Hebrews

(c. 11, v. 24-26; 32-40)

Brethren, through faith Moses refused to be called the son of Pharaoh's daughter, when he was grown up. He preferred to share the hardships of the people of God rather than enjoy the temporary pleasures of sin. He considered Christian martyrdom more precious than all the treasures of Egypt. For he was looking forward to the ultimate reward in heaven.

I do not need to say more. For time would fail me, if I told you what Gideon, Barak, Samson, Jephthah, David, Samuel, and the prophets have achieved through faith. They conquered kingdoms, lived righteously, received new promises, shut the mouths of lions, quenched raging fire, escaped the edge of the sword, found strength in their time of trial, became mighty in war, and put foreign armies to flight.

Some returned to their women from certain death as if by resurrection. Some were tortured, but refused to accept their release, because they wanted to inherit a better life after their resurrection. Others endured derision, floggings, chains, and imprisonment.

They were stoned, they were sawed asunder, they were tortured, they were put to the sword. They went about in sheepskins and goatskins, destitute, ill-treated by the world, which was not worthy of them. They wandered in deserts, in mountains, in caves, and in the holes of the earth.

Yet, all these martyrs, although well attested by their faith, did not obtain the divine promises. Because God had something better in store for all of us. He wanted us all to reach the fulfillment of our hopes together.

До євреїв 11:24–26, 32–40

Завдяки вірі Мойсей, уже в дорослому віці, відмовився, щоб його називали сином фараонової дочки. Він обрав собі інший шлях: зносити труднощі разом із народом Божим, аніж насолоджуватися плинними радощами, що приносять гріх. Страждання за Христа Мойсей вважав більшим багатством, ніж усі скарби Єгипту. Адже він дивився далеко вперед і бачив там свою винагороду.

Чи треба мені продовжувати наводити приклади? Не стане мені часу, щоб розповісти про Гедеона, Варака, Самсона, Єффая, Давида, Самуїла і пророків. Покладаючись на їхню непохитну віру, вони рятували царства, встановлювали справедливість між людьми, і через те дістали Божі обітниці. Вони замикали паші левам, вгамовували лють вогню, їх не брав меч. Ті, хто були немічними, набували силу, а в битві ставали могутніми й змушували тікати ворожі війська.

Загиблі вставали з мертвих і поверталися до своїх жінок. Інших було віддано на тортури, й вони відмовлялися від полегшення своєї долі. Тож після смерті ті люди могли здобути краще життя. Дехто зазнав збиткування й батога, дехто — кайданів та в'язниць. Їх побивали камінням, розпилювали навіпіл, рубали мечами. Вони носили овечі й козячі шкури, жили в злиднях, та пройшли через переслідування і труднощі. Світ був не гідним їх. Вони блукали в пустелях і горах, мешкали в печерах і провалах земних.

Вони догодили Богу, але не одержали обіцяного Їм. Всевишній приготував для нас дещо краще, бо прагнув нашої досконалості, але тільки разом з нами вони отримують благословення.

Alleluia

V. Moses and Aaron were among His priests; Samuel also was among those who called on His Name.

V. They called to the Lord and He answered them

The Gospel According to Saint John (c. 1, v. 44-51)

At that time, Jesus decided to leave for Galilee, found Philip, and said to him: "Follow me." Now Philip was from Bethsaida, the home town of Andrew and Peter.

Philip met Nathanael and said to him: "We have found the man of whom Moses and the prophets wrote in the Scriptures, Jesus of Nazareth, the son of Joseph."

Nathanael asked him: "Can anything good come from Nazareth?" Philip answered him: "Come and see."

Jesus saw Nathanael coming toward him and said: "Here is a genuine Israelite, in whom there is no guile." Nathanael asked him: "How do you know me?"

Jesus answered him: "Even before Philip called you I saw you while you were under the fig tree." Nathanael said: "Rabbi, you are the Son of God, you are the King of Israel."

Jesus said to him: "You believe because I told you that I had seen you under the fig tree. You will see greater wonders than that." Then he added: "Verily, verily I say to you, from now on you will see heaven open wide and the angels of God ascending and descending upon the Messiah."

Від Івана 1:44-51

Пилип був родом із Вєфсаїди, того ж самого міста, що і Андрій та Петро. Коли Пилип зустрів Нафанаїла, то сказав йому: «Ми знайшли Того, про Кого Мойсей писав у Законі і про Кого писали пророки. Це Ісус із Назарета, Йосипів Син». Нафанаїл запитав Пилипа: «Чи може щось добре прийти з Назарета?» А Пилип відповів: «Ходімо, сам переконаєшся».

Побачивши, що Нафанаїл іде до Нього, Ісус сказав: «Ось справжній ізраїльтянин, який зовсім не має лукавства». «Звідки Ти знаєш мене?» — спитав Нафанаїл. Ісус відповів: «Перш ніж тебе покликав Пилип, Я бачив тебе, коли ти сидів під фіговим деревом». «Равві, Ти — Син Божий, Цар Ізраїлю», — сказав Нафанаїл. Ісус же відповів йому на те: «Ти повірив у Мене, бо Я сказав, що бачив тебе під фіговим деревом? Та ти побачиш іще більші дива». І додав: «Істинно кажу тобі: побачиш ти, як небо розкриється і Ангели Господні підійматимуться та спустатимуться на Сина Людського».

Prayer List

Heavenly Father, Who sent Your only-begotten Son, our Lord Jesus Christ, to be the Physician of our souls and bodies, Who came to heal sickness and infirmity, Who healed the paralytic, and brought back to life the daughter of Jairus, Who healed the woman who had been sick for twelve years by the her mere touch of the hem of your robe, visit and heal also your beloved servants:

Steve Sivulich	Jane Allred	Teresa Stacy	Laila Bechtle
Peter Zinski	Ronda Bickel	Gabby Mills	Willie Caldwell
Pearl Homyrda	Maria Warholak	Shaun McAdams	Betty Kimack Mash
Ann Sekelik	Pamela Graham	Rebecca White	Rosemary Berry
Joann Klein	Shelley Cameron	Jocelyn Barner	Deborah Schricker
Michael Klein	James White	Theresa Zatezalo	Jack Schricker
Dan Rosga	Dylan G	Olga Cherniavska	Jeff Mills
Nick Worobny	Michele Roberts	Gary Koss	David Gazella
Dolores Wachnowsky	Georganne K.	Michael Corba	
Fr. Jakiw Norton	Nick Solominsky	Michael Welsh	

by the power and grace of Your Christ. Grant them the patience that comes from believing that You are always at work in our lives to bring good out of evil. Grant them strength of body, mind and soul. Raise them up from the bed of pain. Grant them full recovery. May they experience the same surge of healing power flow through their bodies ,as did the sick woman who touched your robe. For we, too, are touching your robe today, dear Lord, through this our prayer. We approach you with the same faith she did. Grant them the gift of health. For You alone are the source of healing and to You we offer glory, praise and thanksgiving in the name of the Father, Son and Holy Spirit.

Amen

Mnohaya Lita - Many Blessed Years

Name Days

Anniversaries

Birthdays

Mar 17 Patricia Dorning
Mar 18 Beverly Wachnowsky

Feast Days of:

Pray for our friends and relatives serving in the armed forces.

Patrick Kluyber, Catherine Sheerin, Gregory Markiw, Ethan Rock, Michael Hrishenko

Pray for our Catechumens

Andie Yorita, Eren & Adrienne Saltik

Pray for the newly departed servants of God

VESTMENTS: We still need a few more donations to cover the last set of vestments and shipping costs. Prices were increased while we waited to get the last set ordered. To date we now have new gold vestments for all servers, the altar table, and other tables. And all servers have new white vestments. The last set needed will include priest, deacon, and altar servers vestments in purple. If you would like to donate to the vestment project please see Fr. John or John Stasko.

Stewardship

THANK YOU FOR THESE RECENT DONATIONS:

\$100.00



St. Peter & St. Paul Ukrainian Orthodox Church
220 Mansfield Blvd | Carnegie PA 15106
orthodoxcarnegie@gmail.com
www.orthodoxcarnegie.org



Collection for Ukraine!

**Sts. Peter & Paul Ukrainian Orthodox Church
&
Nataliya European Food Market**

**COLLECTING NON-PERISHABLE FOOD ITEMS
&
MEDICAL SUPPLIES FOR UKRAINE RELIEF!**

- **Sts. Peter & Paul collecting & storing the items.**
- **Nataliya European Food Market collecting, shipping items to Ukraine.**

Items can be dropped off at

Sts. Peter & Paul UOC Parish
220 Mansfield Blvd
Carnegie, PA 15106

Nataliya European Food Market
4370 Murray Ave.
Pittsburgh, PA 15217

NO CLOTHING!

Food Ideas: protein bars, wrapped cracker packs, water purifying tabs, nuts packets, dry cereal, fruit pouches, jerky, peanut butter (not large containers), gum, small cans of items with pop tops, plastic utensils (*Remember, you don't have your full kitchen.*)

Medical Supplies: Items you would put in a first aid kit (no sharp objects)

QUESTIONS?
About the faith or our parish? Please reach out to Fr. John Charest at 847.910.7120 or frjohn.charest@aol.com.



PYSANKY SALE

HELP NEEDED

We are less than a month away from the Pysanky Sale and now is the time to let us know if you can help. Because of the exposure Ukraine is receiving we are probably going to have much larger crowd, so all the help we can get is very appreciated.

Workers are needed for these areas:

Egg Sale Tables- Please see Michael Kapeluck , 412-527-5359, kapeluck@verizon.net

Craft/Cultural Tables- Please see Michael Kapeluck

Pysanky Supply Tables- Please see Chris Mills, 412-716-0562, cxljovi99@gmail.com

Kitchen- Please see Sherri Walewski, 412-874-4190, najoda@comcast.net

Basket Raffle- Please see Sue Leis sueleis94@gmail.com 412-216-3346., Michele Kapeluck, 412-303-1454, kapeluck@verizon.net

Bake Sale-Please see Pani Alice O'Neil, 724-622-4604, alicecliffoneil@yahoo.com

ITEMS NEEDED

BASKET RAFFLE: The Annual Basket Raffle will be held at the Pysanky Sale on Sunday, April 10th. If you would like to donate a basket please let Michele Kapeluck know via e-mail, kapeluck@verizon.net, or by text/phone call, at 412-303-1454. Or Sue Leis via e-mail, sueleis94@gmail.com or text/phone call at 412-216-3346. You can drop off your basket(s) at the Hall on Friday, April 8th from 11:00- 2:00pm or Saturday, April 9th from 11:30-2:00pm, or by 9:00 am the morning of the sale. We have baskets if you need one. Every year we have such a success because of all the donations of beautiful baskets we receive from you.

BAKE SALE: Calling all backers, welcome back! Bake goods are needed for our Annual Pysanky Sale. You can bring your bake goods to the hall or Saturday, April 9th between 10-2. If you are unable to bring your bake goods to the hall please call us at 724-775-1166 or email us at alicecliffoneil@yahoo.com and we will pick them up.
Deacon Evan, Pani Matka Alice

For Those Wanting to Help with Humanitarian Assistance to Ukraine

The Ukrainian Cultural and Humanitarian Institute (UCHI) in conjunction with the Ukrainian Technological Society of Pittsburgh and New Ukrainian Wave, Pittsburgh Branch compiled this list of organizations which are providing aid to Ukraine during this time of foreign invasion. Each of the organizations listed below is collecting funds to assist Ukrainians with the first four having networks to provide this help and the last two acting as conduits. Each has been fully vetted and is a secure and trusted organization with which our western Pennsylvania Ukrainian-American churches and organizations have long-standing relationships. Each has the status of an accredited non-profit organization registered with the IRS. We have also included a section on non-financial assistance.

FINANCIAL ASSISTANCE

United Ukrainian American Relief Committee, Inc.

With millions of potential victims in Ukraine, UUARC is fundraising to provide vital medical supplies to victims, care for the injured and refugees, as well as shelter and food to those affected.

United Ukrainian American Relief Committee, Inc (UUARC) was established in 1944 and started fulfilling its mission of “brother-to-brother” by assisting Ukrainians in refugee camps during and after WWII, and then helping to resettle more than 70,000 of these refugees in the United States. Since its beginning, UUARC has endeavored to provide aid where the need is the greatest, as well as assisted countless Ukrainians throughout the world. UUARC is working closely with UCCA, UWC, US Aid, and the Ukrainian Embassy in the coordination of aid.

Donations can be made:

- 1) Directly to United Ukrainian American Relief Committee, Inc. - 1206 Cottman Avenue - Philadelphia, PA 19111 - Phone: 215-728-1630 - Email: UUARC@uuarc.org – or
- 2) Via GoFundMe link on their website www.uuarc.org.

Ukrainian Orthodox Church of the USA

Contributions will be delivered in person to the proper individuals, for the medical care of the thousands of people who have been injured, some very severely, during these difficult days. Your contribution may be the primary reason that another human being receives the treatment necessary for survival.

Donations can be made by:

1. Using the secure online donation link located on its website www.uocofusa.org – Click on the “LET’S HELP UKRAINE” icon.
2. Sending by special postal delivery to P. O. Box, 495, South Bound Brook, NJ 08880; or
3. Hand delivering to the Consistory office at 135 Davidson Avenue, Somerset, NJ 08873, marked “LET’S HELP UKRAINE.”

Ukrainian Catholic Eparchy of Philadelphia

Donations to the Humanitarian Aid Fund for

Ukraine can be made as follows:

1. Write a check to the “Ukrainian Catholic Archdiocese of Philadelphia” and send it to the office at 810 North Franklin Street, Philadelphia PA 19123. Please write on the check “Humanitarian Aid Fund for Ukraine.”
2. You can donate on the Philadelphia Archdiocese’s website www.ukrarcheparchy.us, and click on **Donate through PAYPAL** and select “**WAR VICTIMS AND HUMANITARIAN CRISIS IN UKRAINE;**” Encourage local financial and other institutions to make contributions.

Brother’s Brother Foundation

Pittsburgh-based Brother’s Brother Foundation is partnering with the Pittsburgh Technology Council to raise \$250,000 to aid Ukrainian humanitarian relief efforts in partnership with Highmark and the Allegheny Health Network. Highmark/AHN is providing financial support and critical medical supplies, which Brother’s Brother will airlift to those in need.

Credit card donations can be made on the organization’s website - www.brothersbrother.org by choosing Ukraine Relief in the dropdown menu. Checks should be made payable to Brother’s Brother Foundation and sent to: Brother’s Brother Foundation – P.O. Box 645934 – Pittsburgh, PA 15264-5257.

Revived Soldiers Ukraine

Providing medical aid and sustainable living standards to soldiers of Ukraine and members of their families as well as to those people who suffered and were affected by military conflict in ATO zone (anti-terrorist operation in Eastern Ukraine). E-mail: info@rsukraine.org. **100% of donations go to fund soldiers' rehabilitation.**

Donations can be made on the website www.rsukraine.org. Click on the "Donate" icon to use either PayPal or credit card or debit card.

Ukrainian Technological Society (UTS)

Contributions will be forwarded to organizations listed above. The Ukrainian Technological Society of Pittsburgh is a 501 (c)(3) non-profit organization. UTS is a nonsectarian, nonpolitical, cross-generational association of Ukrainian professionals and businesspersons interested in cultivating Ukrainian cultural and social awareness and strengthening the Ukrainian Community through active participation and leadership. UTS has served as a conduit for donations for numerous Ukrainian causes since its founding in 1970 including: Children of Chernobyl Relief Fund; Flood Aid to Carpathian Mountain Regions; and others. Contributions may be made by sending them to: Ukrainian Technological Society - P.O. Box 4277 - Pittsburgh, PA. 15203. Write "Aid to Ukraine" on your check or enclosed note.

NON-FINANCIAL ASSISTANCE

St. Mary's Ukrainian Orthodox Church in McKees Rocks, PA

Collecting medical supplies and personal items for shipment to Ukrainians in need. Every Sunday from 9:00 AM – 1:00 PM, people may bring the following items to the church at 116 Ella Street in McKees Rocks:

Medicine: Acetaminophen 500 mg tablets

Bandages, sutures, adhesive plasters: Individual sterile dressing package with first aid elastic compression component with protective moisture-resistant shell; sterile gauze bandage 7 m long and 14 cm wide; chemical means for stopping bleeding (hemostatic tamponade bandage with hemostatic agent) – celox or analogue; gel-based occlusive thoracic bandage with or without valve; adhesive plaster on a non-woven basis 3-5 meters long, 2-3 cm wide.

Medical Supplies: Non-sterile nitrile medical examination gloves size L or XL; nasopharyngeal airway and tube with lubricant.

Personal Items: Blue water-proof markers to be used for writing information; scissors for cutting clothes and shoes (atraumatic); polyethylene-based thermal blanket 160 cm wide and 210 cm long; first-aid kit case (medical bag); toothpaste; toothbrushes; wet wipes; soap; men's socks; men's and women's underwear of various sizes; men's t-shirts; metal cups and mugs; dark-colored gloves and mittens for men; cough drops; protein bars.

New Ukrainian Wave, Pittsburgh PA

Collecting medical supplies for shipment to Ukrainians in need. Call (412) 760.0439; (724) 544.5660; or (412) 454.5642.

Medicines: - Paracetamol 500 mg tablets - Meloxicam 7.5 mg tablets - Ciprofloxacin 500 mg or levofloxacin 500 mg tablets

Antibiotics: Zosyn and Unasyn iv, Vancomycin iv - Aspirin - Diphenhydramine/Benadryl - Doxycycline and or Bactrim antibiotics - Fluids, IVF – NSS 09%, LR, d5nss - Gels, foams, hydrocolloids, alginates, hydrogels, and polysaccharide pastes, sutures - Ibuprofen / Advil - Loperamide / Imodium - Miconazole

Medical supplies: - Non-sterile medical nitrile medical examination gloves size L or XL - Means for stopping bleeding mechanical type "CAT" - Nasopharyngeal airway (airway, tube) with lubricant - Laryngeal tube - Latex or rubber gloves - IV catheters - Mouthpiece for giving CPR - First aid kit case (medical bag) - Antiseptic wipes

Bandages, sutures, adhesive plasters: - Central venous catheter kit - Chest seals - Coban roll, standard 2" x 5 yards - Cravat /triangular bandage, 45"x45"x63 - Dressing materials, include dry or impregnated gauze - Elastic bandages - Elastic wrap / ACE bandage 4"x5yards - Individual sterile dressing package with first aid elastic compression component with protective moisture-resistant shell - Sterile gauze bandage 7 m long and 14 cm wide - Chemical means for stopping bleeding (hemostatic tamponade bandage with hemostatic agent) – Celox or analogue - Gel-based occlusive thoracic bandage with or without valve - Adhesive plaster on a non-woven basis 3-5 meters long, 2-3 cm wide - Hemostatic Bandages - Tourniquet (First Aid) - Butterfly bandages

Miscellaneous: - blue water-proof marker for writing information - Scissors for cutting clothes and shoes (atraumatic) - Polyethylene-based thermal blanket 160 cm wide, 210 cm long – Headlamp

US-Ukraine Foundation

A Call for Ukrainian-Speaking Volunteers!

Help is needed in providing psycho-social support services via tele-health for people in Ukraine during the crisis. This help is being provided through CETA, a mental health organization at Johns Hopkins University. They have been working in Ukraine for many years and are looking for volunteers who speak Ukrainian and are interest in being trained to assist with this work.

Volunteers can live anywhere and do not need to have any background in mental health.

Contact Dr. Michelle Alto at info@cetaglobal.org

In the beginning...



75th UOL Convention, July 2022
St. Peter & St. Paul UOC Carnegie, PA

**FUNDRAISING
SURE TIP RAFFLES!**

***HURRY!
TIME IS RUNNING
OUT!***

ONE RAFFLE LEFT!

75THSureTipRaffles | St. Peter & St. Paul (orthodoxcarnegie.org)

<https://orthodoxcarnegie.org/75thsuretippaffles>



SCAN QR CODE for SURE TIP
Info on our Website



**WHAT ARE YOU WAITING FOR?
CHANCES ARE ALMOST GONE!**

The Ladies of St. John Lutheran Church have sewn these wonderful gifts for all our parishioners. They stand with in prayer for peace. Thank you ladies!

75th UOL Convention: Yearbook Patron Sponsor Form

Chapters, Parishes, Friends!

Ask people to be a **“Patron Sponsor”** for our 75th UOL Convention Yearbook for only \$10.00! They can provide their own personal greeting on the below space!

Thank you for helping to make the 75th Anniversary UOL Convention a Success!!
 (Wonder which Chapter, Parish or person will obtain the most Patron Sponsors?)

PARISH/CHAPTER/ORGANIZATION: _____

CITY/STATE: _____

	NAME	GREETING (one line if wish 15 words)
1.		
2.		
3.		



75th UOL Convention

Sr. UOL Chapter of

St. Peter & St. Paul Ukrainian Orthodox Church

P. O. Box 835 | Carnegie, PA 15106

Email: 75uolconvention@gmail.com

Website: www.orthodoxcarnegie.org/75thuolconvention

In the Beginning... 75th UOL Convention July 27 – 31, 2022

Commemorative Yearbook Advertising Form

Inside Front Cover — \$200 — <input checked="" type="radio"/>	Outside Back Cover — \$200 — <input checked="" type="radio"/>	Inside Cover Back — \$200 — <input checked="" type="radio"/>
Full Page Ad \$175 <input type="radio"/>	Full Page “Color” Ad \$195 <input type="radio"/>	Half Page Ad \$90 <input type="radio"/>
Quarter Page Ad \$45 <input type="radio"/>	Eighth Page/Business Card Ad \$30 <input type="radio"/>	Patron Listing \$10 each <input type="radio"/> (See separate page to complete)
Ad not camera ready/publisher ready please add \$10 <input type="radio"/>	NEW: Video greeting (see info below) \$10	Most of the Yearbook will be “Black & White.”

- Full Page Ad purchasers receive a “free” copy of the 75th UOL Convention Yearbook.
- Additional copies of the 75th UOL Convention Yearbook will be \$20
- Photos will not be returned. Reproduction quality cannot be guaranteed.
- Pages will be 8.5x11 and divided accordingly.
- Please email your ad to: 75thuolyearbook@orthodoxcarnegie.org
- We will also accept ads submitted via US Mail, digital preferred.

Please make checks payable to “75th UOL Convention”

Mail all money and/or forms by **May 1, 2022**, to:

**Sts. Peter & Paul UOC 75th UOL Convention: YEARBOOK/Chris Mills
PO Box 835 Carnegie, PA 15106**

Video Yearbook Info: Video Deadline April 1, 2022

By submitting your video yearbook greeting, you grant the 75th UOL Convention Committee and the Ukrainian Orthodox League rights to use the content and your image for publication.

Best Practices, Instructions for filming & Submitting:

- Please be sure to record your video in an appropriate location with little to no background noise.
- Please be sure that your background is pleasing to the eye and appropriate.
 - *If it's a nice day, consider filming outside!*
- Videos should not reveal any personal information you would not want others to know.
- The video can be recorded on your computer or smartphone.
 - *If filming on a phone, please film **horizontally** (not up & down!) to avoid having black space on the sides.*
- Please submit all video as .mp4 format.
- **Upon receipt of submission form and payment, you will receive a link to upload your video.**

Name: _____ Email: _____

Address: _____

Phone: _____ (day) Phone: _____ (night)



INTRODUCING A "NEW" LENTEN DINNER

UKRAINIAN POTATO PANCAKE DINNER

Friday, March 25, 2022

4 PM to 7 PM

Eat-In or To-Go options

**\$15 Cash
Payment Dinner**

**\$16 Credit Payment
Dinner**

Dinner Includes

Ukrainian Potato Pancakes

Choice of Soup (Borscht or Soup Selection)

A Dessert from our Dessert Table

Beverages

Gluten Free Menu items will be available



SCAN FOR INFORMATION

Ukraine Relief Efforts

We will have a free will donation box available for donations for Ukraine Relief and other ways to help.

Ukraine Relief is separate Fundraiser from Dinner.



St. Peter & St. Paul Ukrainian Orthodox Church
220 Mansfield Blvd | Carnegie PA 15106
orthodoxcarnegie@gmail.com
www.orthodoxcarnegie.org



In the beginning...



75th UOL Convention, July 2022
St. Peter & St. Paul UOC Carnegie, PA

The Dinner is Sponsored by the 75th UOL Convention Committee and is a Fundraiser for the 75th UOL Convention.

Calendar of Events

Apr. 10 Pysanky Sale
July 27-31 75th UOL Convention

COFFEE HOUR

Mar 6 John, Shirley & Olesia Stasko
Mar 13 Victor & Natalie Onufrey, Oksana Aleksandrov, Olesya Zelenyak
Mar 20 Sue Leis, Juliana Leis, Pat Dorning
Mar 27 Cindy Haluszczak, Rachel Losego
Apr 3 Sherri Walewski, Lisa Ryan, Eryna Sanetrik
Apr. 10 Pysanky Sale
Apr 17 Alexis Sawchuk, Steven Sawchuk

Parish Weekly Schedule

Monday

Kyiv Ukrainian Dance Ensemble & School

Rehearsals begin every Monday at 6:00 pm. Classes for all ages.
For more info call Director Natalie Kapeluck or just stop down any Monday

Thursday Morning

Senior Coffee Hour

You're invited to our FREE coffee and donuts, and sometime pancakes, French toast or waffles every Thursday from 10:00 AM to 11:30 . . .or whenever it's over. At th parish hall. **YOU ARE NOT PERMITTED TO BRING ANYTHING!!!** However, bring a Friend!!!

3rd Sunday of the Month

St John & Martin's Closet

Clothing for men, women and children. Bedding & towels
Trade something old for something new, leave a donation. or just take what you need.
Donations of clean, gently used or new clothing/bedding accepted when the closet door is open.
Call 276-9718 to schedule a donation.

Parish Website/Social Media

To Submit items for publication on website & social media

>email any information to be included on the Website, Facebook or Instagram to Parish Technology.

If you have any fliers or jpgs please include them, but not necessary.

E-mail Technology at technology@orthodoxcarnegie.org

Please indicate the time frame you would like items posted to website and/or social media.

Find & follow us on:



BULLETIN SPONSOR DATES

Mar 6 _____
Mar 13 _____
Mar 20 _____
Mar 27 _____

Apr. 3 _____
Apr. 10 _____
Apr. 17 _____
Apr. 24 _____

BULLETIN SPONSOR FORM

Sponsor _____
In Honor of _____
In Memory of _____
Date of Bulletin you wish to sponsor _____
Donation (\$20. minimum suggested) _____
(Please make checks payable to "Sr. UOL Chapter") _____



SS. Peter & Paul
Ukrainian Orthodox Church
PO Box 835
Carnegie, PA 15106

RETURN SERVICE REQUESTED