

ST.
ANTHONY

THE
GREAT



NO LONGER
FEAR GOD
BUT, I LOVE
HIM



St. Peter & St. Paul Ukrainian Orthodox Church

220 Mansfield Blvd. (mailing: PO Box 835), Carnegie, PA 15106

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www.orthodoxcarnegie.org

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SUNDAY, JANUARY 30, 2022

SUNDAY, JAN. 30TH

DIVINE LITURGY, 9:30 AM TONE 7

32ND SUNDAY AFTER PENTECOST

ST ANTHONY THE GREAT

ITIM 1: 15-17; LK 18: 35-43

SATURDAY, FEB 5TH

VESPERS 6:00 PM

SUNDAY, FEB 6TH

DIVINE LITURGY, 9:30 AM TONE 8

SUNDAY OF ZACCHAEUS

ST XENIA OF ROME

ITIM 4: 9 - 15; LK 19: 1- 10

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TODAY'S BULLETIN IS SPONSORED BY

**The Sts. Peter & Paul Ukrainian Orthodox Church Bulletin is published weekly by
The Senior Chapter of the Ukrainian Orthodox League**

Editor: Michael Kapeluck

Bulletin Submissions are due by 8:00 am Thursday morning. Written submissions can be:

-hand delivered to the editor

-placed in the Bulletin envelope in the church vestibule.

-mailed to: 300 East Main Street, Carnegie, PA 15106

-e-mailed to: kapeluck@verizon.net

We welcome you today

We would like to remind our visitors of the following;:

- ❖ All people are encouraged to participate in the sacred services of our Church. We hope that you will be able to worship as well as have fellowship with us. Should you wish any information about the Orthodox Faith or this parish in particular, please see the rector or any member of the church. We are able to place you on our mailing list.
- ❖ Only Orthodox Christians may receive the Eucharist (Holy Communion) in the Orthodox Church. In like manner, Orthodox Christians may not receive the sacraments in a non-Orthodox Church. While we hope that one day all Christians will find unity and be able to approach the chalice of our Lord together, we observe the teachings of the Church that the Eucharist is a gift of unity and not a means of unity.

We remind our faithful and visitors of the following guidelines concerning the Holy Sacraments in the Orthodox Church.

- ❖ Orthodox Christians are urged to receive Holy Communion frequently.
- ❖ Communicants should be at peace with others before approaching the chalice (Mt 5:23-24)
- ❖ Realize the importance of making a thorough examination of sins and transgressions against God, ourselves and others and having prayed for forgiveness before coming to Holy Communion.
- ❖ Frequent communicants should come to Holy Confession at least four times a year (during the four fasting periods of the year) and additionally when an examination of conscience reveals the necessity to do so in order to heal any sinful behavior.
- ❖ Communicants should fast from all foods and liquids from the evening before receiving Holy Communion.
- ❖ Communicants should read prayers in preparation for receiving Holy Communion.
- ❖ All Orthodox Christians must receive the sacraments at least once a year.
- ❖ Those who are late for Divine Liturgy (after the reading of the Epistle and Gospel) should not approach the chalice.
- ❖ Those who are ill or who have special physical needs are exempt from the above guidelines.
- ❖ Infants and children (up to the age of seven) who are Orthodox Christians may receive Holy Communion and are exempt from the above guidelines.

Thank you for gathering to worship with us today. Together we have glorified the One God, Father, Son and Holy Spirit. May we be brought closer to one another and closer to God by following the eternal teachings of our Lord.

Нагадуємо нашнім гостям., що:

ми заохочуємо всіх до участі у Священній Літургії в нашій Церкві; ми сподіваємося, що Ви зможете не лише молитися тут, але й стати членом нашої громади. Якщо Ви хочете отримати якусь додаткову інформацію про Православну віру, чи, зокрема, про нашу парафію, звертайтеся, будь ласка, до отця настоятеля чи до будь-кого із членів нашої парафії. Ми можемо внести вашу адресу до парафіяльного списку розсилки;

лише православні християни можуть отримати Євхаристію (Святе Причастя) у православної церкви і, відповідно, православні християни не можуть отримувати святого причастя у неправославної церкві Плекаючи надію на те, що у майбутньому всі християни досягнуть єдності і зможуть разом пити із чаші нашого Господа, ми дотримуємося вчення церкви про те, що Євхаристія - це дар єдності, а не засіб до єдності.

НАГАДУЄМО НАШИМ ВІРНИМ І ГОСТЯМ ПРО ПРАВИЛА, ЩО СТОСУЮТЬСЯ СВЯТОГО ПРИЧАСТЯ У ПРАВОСЛАВНІЙ ЦЕРКВІ:

ми спонукаємо православних християн часто ходити до Святого Причастя;

ті, хто причащаються, повинні бути у мирі з іншими перш, нас підійти до євхаристичної чаші (Св.Матвій 5:23-24);

перед тим, як прийти на Святе Причастя, дуже важливо ретельно осмислити гріхи і порушення, які було вчинено проти Бога, нас самих та інших і помолитися за їх відпущення;

тим, хто часто причащається, слід приходити на святу сповідь принаймні чотири рази на рік (під час кожного із чотирьох щорічних постів);

ті, хто причащається, повинні з вечора перед прийняттям Святого Причастя, припинити вживання всякої їжі і напоїв;

ті, хто причащається, повинні шляхом молитов підготувати себе до прийняття причастя;

всі православні християни повинні, принаймні, раз на рік отримати Святе Причастя;

ті, хто спізнився на Божественну Літургію (пришов після того, як було прочитано Апостол і Євангеліє) не можуть підходити до чаші; **хворі**, і **ті**, хто має обмежені фізичні м'єисливості, звільняються від вище викладених вимог;

немовлята та діти до семи років, які належать до Православної християнської віри, можуть отримувати Святе Причастя і звільняються від вище викладених вимог;

Дякуємо за те, що Ви прийшли помолитися з нами сьогодні у церкві Ісуса Христа. 'Разом з вами ми віддали славу

Єдиному Господу, Отцеві, і Синові, і Духові Святому. Нехай дотримування вічного вчення нашого Господа наблизить нас один до одного Бо

VENERABLE AND GOD-BEARING FATHER ANTHONY THE GREAT



TROPARION TO THE RESURRECTION TONE 7

By Thy Cross, Thou didst destroy death! To the thief, Thou didst open Paradise! For the myrrh-bearers, Thou didst change weeping into joy! And Thou didst command Thy disciples, O Christ God, to proclaim that Thou art risen, granting the world great mercy.

TROPARION TO ST. ANTHONY- TONE 4

You imitated the ways of zealous Elijah,
and followed the straight path of John the Baptist.
You became a desert dweller
and strengthened the world by your prayers.
Father Anthony, intercede with Christ God that our
souls may be saved.

KONTAKION TO ST ANTHONY - TONE 2

You rejected the tumult of this life
and lived your life to the end in solitude,
imitating the Baptist in every way.
With him we honor you, most venerable Anthony,
foundation of the Fathers.

KONTAKION TO THE RESURRECTION TONE 7

The dominion of death can no longer hold men captive, for
Christ descended, shattering and destroying its powers! Hell
is bound, while the prophets rejoice and cry: the Savior has
come to those in faith! Enter you faithful, into the
Resurrection!

PROKIEMON

The Lord shall give strength unto His people; the Lord shall give His people the blessing of peace.
Verse: Bring unto the Lord, O ye sons of God, bring young rams unto the Lord.

Lesson from the 1st Epistle of St. Paul to Timothy (c. 1, v. 15-17)

Timothy, my child, this is a doctrine of our faith, which must be professed by all believers: Jesus Christ came into the world to save all sinners. I know, I am the worst of them all. But I found mercy for this very reason: Jesus Christ wanted to manifest all his long suffering to me first. So, he singled me out as a typical example, in order to encourage those, who in the future would believe in him and inherit everlasting life.

Honor and glory to the only God, the immortal, invisible, and omniscient King of all the ages, forever and ever.
Amen.

1 Тимофію 1:15-17

Ось істина, яка гідна повного і безсумнівного сприйняття: Христос Ісус прийшов у цей світ, аби спасти грішників, а я — найгірший з-поміж них. Саме з цієї причини мені було дано милість, щоб, використавши мене, найгіршого з грішників, Христос Ісус зміг би показати Своє довготерпіння, як приклад для тих, хто пізніше повірив би у Нього й отримав вічне життя. Цареві вічному, невмирущому й невидимому, єдиному Богу честь і Слава на віки вічні. Амінь.

Alleluia

v. The Lord will give strength to His people. The Lord will bless His people with peace.
v. Offer to the Lord, O you sons of God. Offer young rams to the Lord



Gospel According to St. Luke (c. 18, v. 35-43)

At that time, as Jesus was approaching Jericho, a blind man was sitting by the roadside begging. When he heard the crowd going by, he asked what it meant. They told him : " Jesus of Nazareth is passing by." Then he cried aloud : " Jesus, Son of David, have mercy on me !"

Those who were in front reproved him and told him to be quiet, but he cried out all the more: "Son of David, have mercy on me I" So Jesus stopped and ordered him to be brought to him. When he came near, Jesus asked him : "What do you want me to do for you ?" He answered : "Master, let me receive my sight."

Jesus said to him: "Receive your sight. Your faith has healed you." He regained his sight immediately and followed him, glorifying God. All the people who saw this miracle gave praise to God.

Від Луки 18:35-43

Коли Ісус наближався до Єрихону, при дорозі сидів сліпий жебрак. Почувши, що повз нього проходить натовп, жебрак запитав людей, що трапилося. І йому відповіли, що це пройшов Ісус із Назарета. І тоді сліпий голосно вигукнув: «Ісусе, Сину Давидів, змилуйся наді мною!» Ті з натовпу, що йшли попереду, почали докоряти йому, щоб він замовк. Але він гукав ще голосніше: «Сину Давидів, змилуйся наді мною!» Тоді Ісус зупинився й сказав: «Підведіть його до Мене!» Коли той підійшов, Ісус запитав його: «Що ти хочеш, щоб Я зробив для тебе?» Жебрак сказав: «Господи, я знову хочу бачити».

Тоді Він промовив: «Твій зір негайно повернеться. Віра твоя врятувала ¹ тебе». І тієї ж миті жебрак прозрів. Він подався вслід за Ісусом, славлячи Бога, та всі, хто бачили це, почали славити Бога

Prayer List

Heavenly Father, Who sent Your only-begotten Son, our Lord Jesus Christ, to be the Physician of our souls and bodies, Who came to heal sickness and infirmity, Who healed the paralytic, and brought back to life the daughter of Jairus, Who healed the woman who had been sick for twelve years by the her mere touch of the hem of your robe, visit and heal also your beloved servants:

Steve Sivulich	Jane Allred	Teresa Stacy	Laila Bechtle
Peter Zinski	Ronda Bickel	Steve Sawchuk	Willie Caldwell
Pearl Homyrda	Maria Warholak	Shaun McAdams	Cindy B
Ann Sekelik	Pamela Graham	Rebecca White	Rosemary Berry
Joann Klein	Shelley Cameron	Jocelyn Barner	Deborah Schricker
Michael Klein	James White	Theresa Zatezalo	Jack Schricker
Dan Rosga	Dylan G	Olga Cherniavska	Jeff Mills
Nick Worobny	Michele Roberts	Gary Koss	David Gazella
Dolores Wachnowsky	Georganne K.	Michael Corba	Jackie
Fr. Jakiw Norton	Gabby Mills	Nick Solominsky	

by the power and grace of Your Christ. Grant them the patience that comes from believing that You are always at work in our lives to bring good out of evil. Grant them strength of body, mind and soul. Raise them up from the bed of pain. Grant them full recovery. May they experience the same surge of healing power flow through their bodies ,as did the sick woman who touched your robe. For we, too, are touching your robe today, dear Lord, through this our prayer. We approach you with the same faith she did. Grant them the gift of health. For You alone are the source of healing and to You we offer glory, praise and thanksgiving in the name of the Father, Son and Holy Spirit.

Amen

Mnohaya Lita - Many Blessed Years

Name Days

Jan. 30-St Anthony the Great

Metropolitan Antony

Feb. 1 St. Mark of Ephesus

Fr. Mark Swindle

Feb. 2 St. Inna

Inna Holovatiuk

Feb. 3 St. Maximus the Confessor

Max Rozum, Maksim Shcherbatyuk

Anniversaries

Birthdays

Jan 30 Metropolitan Antony

Feb. 1 Michael Klein

Feast Days of:

Jan. 30 St. Anthony the Great

Jan. 31 St. Athanasius the Great

Jan. 31 St. Cyril of Alexandria

Feb. 1 St. Mark of Ephesus

Feb. 3 Martyr Agnes

Pray for our friends and relatives serving in the armed forces.

Patrick Kluyber, Catherine Sheerin, Gregory Markiw, Ethan Rock, Michael Hrishenko

Pray for our Catechumens

Andie Yorita, Eren & Adrienne Saltik

Pray for the newly departed servants of God



- **THANK YOU:** Thank you to all my parish family and Fr. John for the visits and to everyone for sending Christmas cards, calling me and thinking of me during the holidays. God Bless you all! Ann Sekelik
- **ST MATRONA'S:** There will be meeting of the St Matrona's Ladies Society on Sunday, February 6th. Please plan on attending. New people are always welcome!

Stewardship

THANK YOU FOR THESE RECENT DONATIONS:

PYSANKY

Christmas, is over which means it's time to warm up your kistkas and start preparing for the 54th Annual Pysanky Sale.

As we have been doing for the past few years, we will be having our egg making sessions on Sundays right after Coffee Hour from now till the sale.

We invite everyone to come down to enjoy fellowship while supporting a great event.

Never made a Pysanky before...no problem , we love to teach!

Fingers and eyes don't work that well anymore, just come down to keep us company!

Have a friend, bring them!

House Blessing Request



Name _____

Address _____

Phone _____

FEB 6 2022



UOL SOUPER BOWL
SUNDAY

ALL YOU CAN
"SLURP"
COFFEE HOUR

TO GO
QUARTS
\$7



INCLUDES: SOUP, BREAD, CRACKERS, BEVERAGES



SUGGESTED
DONATION \$8.00

BENEFITS ST. ANDREW'S SOUP KITCHEN'S IN UKRAINE

1947

2022

You're invited
to attend!

In the beginning...



75th UOL Convention July 2022
St. Peter & St. Paul UOC Carnegie, PA

75th Annual
UOL
Convention
July 27-31, 2022



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- St. Theophan*

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WE NEED YOUR TALENT!

BRING YOUR SKILLS TO TSCS PGH TEAM - VOLUNTEER TODAY!

Or use your
camera to



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EDUCATION IN PURSUIT OF VIRTUE, WISDOM, AND JOY

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THE SAINT CONSTANTINE SCHOOL PITTSBURGH



**TSCS'S CENTRAL OFFICE
PRESENTS A SPECIAL, LIVE WEBINAR**

MOVING FORWARD

Join us as the The Saint Constantine School (TSCS) team explains the relationship between the Central Office and branch campuses, and why this financial model is an innovative, fiscally responsible, and spiritually sound choice for opening a TSCS branch campus in Pittsburgh. Q&A to follow.

THE TSCS TEAM

Ennie Hickman
Director of
Development



Dr. John Mark Reynolds
President



Caitlin Gilbert
Associate Provost
and Head of School



Emily Kasradze
Chief Financial
Officer



Megan Mueller
Head of Strategy and
Communication

**THURSDAY
JANUARY 27TH
7:00PM EST**



Zoom Meeting Link:

<https://us02web.zoom.us/j/858467558607>

pwd=cW3Qd3p3WUhhY3ZjQWRiczdEK1VEQTO9

OR SCAN QR CODE TO JOIN MEETING:



connect with TSCS PGH:   

FOR ALL QUESTIONS, TO LEARN MORE, OR TO SIGN UP FOR EMAIL UPDATES,
PLEASE CONTACT "OrthoEdPGH@gmail.com"

INTERNATIONAL

Soup Sampling

TO BENEFIT IOCC

Saturday, February 5, 2022 | 11:00 am – 2:00 pm

Sample five homemade soups for \$10,
and take your favorite quart home for a \$10 donation.
Experience tastes from around the world!

HOLY TRINITY GREEK ORTHODOX CHURCH
985 Providence Blvd, Pittsburgh, PA 15237
(North Hills, across from UPMC Passavant)

Register at ioccc.org/pittsburgh

For questions or to pre-order soup, contact Vera
at 412-833-0839 or croitv@verizon.net



Youth groups & children's ministries from all jurisdictions
will assemble health kits. All area youth are invited!
Donations are needed to purchase bulk health kit supplies.
Please help to sponsor kits. Call Nick Terezis at 740.282.5198.

INTERNATIONAL ORTHODOX CHRISTIAN CHARITIES



Youth Health Kit Drive and Assembly

Youth Volunteers and Monetary Donations Needed!

February 5, 2022 | 11:30 AM – 12:30 PM

Kit assembly will take place during International Soup Sampling to Benefit IOCC.



HOLY TRINITY GREEK ORTHODOX CHURCH
985 Providence Blvd, Pittsburgh, PA 15237
(North Hills, across from UPMC Passavant)

All Orthodox Youth Groups are asked to participate
in a Pan-Orthodox Health Kit Assembly Project.

**OUR GOAL IS TO ASSEMBLE SEVERAL THOUSAND HEALTH KITS.
DONATIONS ARE NEEDED TO PURCHASE BULK HEALTH KIT SUPPLIES.**

Please make checks payable to "Holy Trinity Greek Orthodox Church-AGAPE Fund"
with "Health Kit Project" in the memo, and mail to
Nick Terezis, c/o IOCC, 306 Marberry Drive, Pittsburgh, PA 15215

Please contact Ava Terezis at 614.569.2414 or AvaT.Orthodox@gmail.com
to coordinate your youth group attendance.

INTERNATIONAL ORTHODOX CHRISTIAN CHARITIES

ST ANTHONY THE GREAT

Perhaps the most effective tactic adopted by the adversary of man's salvation has been to blind man to the reality of the spiritual warfare being waged for possession of his soul. We have consequently become spiritually flabby and easy prey for the enemy. To escape such a perilous condition we would do well to contemplate more often the examples of the saints who engaged in direct combat with the Evil One, unmasking his deceptions and thereby disarming him. Nowhere is this illustrated more dramatically than in the life of St. Anthony the Great. Written by St. Athanasius who personally knew St. Anthony, this Life is a spiritual classic with which all Christians should be familiar .

St. Anthony was an Egyptian, born c. 251 of noble Christian parents who provided well for their son's future by educating him in the fear of God. His parents left this world when Anthony was 18 or 20, and he inherited a substantial fortune in terms of earthly wealth. But although he was at the age most attracted by fortune's delights, he aspired only to amass the riches of virtues.

Anthony was reflecting one day upon how the Apostles had forsaken all to follow after Christ. when he heard in church the words of the Gospel: "If thou wishest to be perfect, go and sell everything thou hast...and come and follow Me" (Matt. 19:21). Thus confirmed in his desire to do likewise, Anthony sold his estate and distributed the money to the poor, persuading his younger sister to be likeminded, he gave her into the care of some virgins.

Now free of all earthly attachments, the young man began to lead a life of great abstinence and self-denial on the outskirts of his village. He gave his mind no occasion to think back upon the affairs of this world but led it into a desert that it might be occupied with thoughts of pleasing God alone. He delighted in visiting the dwellings of righteous men and studying their virtuous habits which he proceeded to adopt for himself, exercising himself in their practice. Indeed, he was like a bee which gathers nectar from various blossoms and creates out of it a fragrantly sweet honey. With his concentrated desire Anthony rapidly ascended the ladder of perfection. The enemy, however, could not endure to behold the likeness of Christ shining forth from this creation of dust and ashes, and he determined to destroy this 'house of virtue.'

The Unseen Warfare*

The first campaign was waged on the battlefield of the mind. Anthony experienced a barrage of unsettling thoughts-flattery, the allurements of the world and all the pleasures his former wealth could buy, concern for his sister's welfare, the difficulties of the path he had chosen. The vicious net was craftily woven, but the Saint recognized it as the handiwork of his adversary and tore it apart by means of intense prayer and vigilance, deflecting any and all disturbing thoughts before they took hold in his mind. The battle grew more intense when the Enemy', taking advantage of the Saint's youth, assailed him with lustful thoughts, inflaming the natural appetites of the flesh until the Saint was burning with his own lust. He manfully fought back by mortifying his body with increased fasting to quench the passions of the flesh, and by meditating on death and the eternal torments which await those who give themselves over to the spirit of fornication. And so he escaped unharmed, even strengthened by this experience.

When the Evil One found himself so disgraced, he took on a human voice and complained bitterly to Anthony: "I have deceived and conquered many in my time; but now in your case, as in that of many others, I am defied by your ascetic labors." Knowing that his antagonist would continue to stalk him as a roaring lion after his prey, Anthony did not allow himself to relax his vigilance on account of his victory. He passed many nights without sleep, engrossed in prayer, and limited his bodily nourishment to bread and water, of which he partook once a day



at evening. For, he said, by weakening the pleasures of the body the mind is strengthened. Such disregard did he have for the body as to imitate the nature of the fleshless ones, i.e., the angels. The severity of his labors and his accumulated virtues astonished the older ascetics, but Anthony never thought about his spiritual progress and regarded each day as the beginning of his spiritual journey, thereby shielding himself from pride and vainglory.

For the sake of greater solitude, Anthony moved further from the village to a burial place at the edge of the desert, where he locked himself up in a sepulchre; only allowing a servant to come at rare intervals with a supply of bread. The enemy, embittered by his previous defeat, attacked with vengeance. This time the assault was physical. A whole troop of demons came one night and beat the Saint until the very breath of life was ready to leave him. But even as he lay on the ground, covered with bruises and unable to stand, he said in a loud voice:

"Here, devils, here am I, Anthony, ready for more of your wounds. Try your worst, for you shall never separate me from Christ." He fortified himself by singing the words of the Psalmist: "Though a host should encamp against me, yet my heart shall not fear." Incensed by the audacity of Anthony's challenge, the Devil gathered his minions: "Don't you see now? This fellow could not be restrained either by the spirit of fornication or by bangs and bruises,.. We must assail him by other means."

That night, as Anthony was still lying on the ground recovering, a hoard of demons shook the walls of the sepulchre and rushed in to terrorize the Saint. For this purpose they had taken on the forms of hideous wild beasts--hissing snakes, roaring lions, ferocious wolves, a bull which threatened to gore the victim. But Anthony was not frightened by what he perceived to be mere spectral creatures, and he made bold to mock his enemy's impotence: "What is the use of all this vain uproar? If ye have power to hurt, why don't you? But you can't, for the Lord is my shield and my wall of safety." The demons could only gnash their teeth in reply.

When Anthony had thus manfully proven himself as a champion athlete in the spiritual arena, he was granted to experience the comforting presence of the Lord. Lifting his eyes heavenward he saw a roof-curtain drawn aside and a ray of light descending upon him. Straightway the demons vanished, and Anthony felt his bodily pains melt away. Consoled by this outpouring of Divine Grace, he rested briefly from the fatigue of battle before addressing his Master aloud:

"Lord, where wast Thou when these sufferings and tribulations came upon me? Why didst Thou not help me?" He heard a voice in reply:

"I was here, Anthony, but I wanted to witness your combat. Having seen that you withstood your adversary without retreating, I shall from now on be your Helper and shall make your name celebrated far and wide as My faithful servant." Anthony knelt in prayer to give thanks to God for this promise and for the peace and newfound strength which filled his soul, the grace-given rewards of his victory. He was then about 35 years old.

With Demons in the Desert

The next day Anthony left the place of the sepulchres to live as a hermit in the desert. Even as he journeyed, the enemy continued to lay all kinds of traps for him, but the Saint was not to be outsmarted. Seeing a large silver disk in his path, he immediately surmised that it was a ruse of the devil, for had some traveler passed that way and lost it, surely he would have retraced his steps to recover such a valuable object. "O Devil," he cried out, "you will not so easily draw me away from my purpose. May you take your silver and go down to perdition together." No sooner had he said this than the silver disk disappeared in a cloud of smoke, proof that it was indeed the devil's creation.

At length Anthony settled in a cleft of some rocks beside a river, blocking the entrance so as not to be disturbed. For twenty years he remained there in solitude, admitting no visitors but only a supply of bread three times a year. It must not be imagined, however, that he enjoyed a blissful life of uninterrupted peace. Those who came in hopes of seeing or hearing a word from the far famed ascetic were often perplexed by the raucous din coming from the cleft. They supposed a band of angry men had somehow gained entrance, for they could make out shouts of: "Depart from us! Why have you come to our country to cause our death?!" Through a fissure, however, they saw that the Saint was quite alone, and they understood that the tumult was made by demons.

Indeed, the demons quite exhausted their bag of tricks in their frantic efforts to deter the Saint from his course, for fear that his example would inspire others to invade their desert domain with fasting and psalm-singing which they found intolerable. And this is just what happened. Whole multitudes began coming to the desert to lose their lives, like Anthony, for the sake of the Kingdom. Persuaded by their entreaties, the Saint relinquished his solitude to share

the light of his accumulated experience with these eager new recruits in Christ's army. By word and example he fanned such zeal for the ascetic life that many monasteries--the first in the history of Christianity--were founded under his influence, for which reason he is known as the Father of Monasticism.

In guiding these warriors of Christ, St. Anthony exhorted them to pursue their aim with diligence, for "the promise of eternal life is bought with a small price.., and the work is easy, if we be only willing." He warned them of the subtle craftiness of the demonic powers, exposing their numerous tricks and guises whereby they seek to trip and destroy the Christian whom they find laboring on the path of salvation. He spoke of the evil and impure thoughts they try to instigate and of the fearful appearances they assume, of their pretention in foretelling future events. "Sometimes, too, they appear in the habit of monks, and talk very religiously in order to gain our confidence and then to seduce us." At the same time, he encouraged the brethren not to fear when they came under attack, but to fortify themselves by faith and the sign of the Cross: "If they find us rejoicing in the Lord, and meditating or conversing on divine things, then demons have no power over the Christian...for when they see the soul secured by such thoughts, they turn away deeply ashamed of themselves."



Besides his extraordinary skill in discerning spirits, St. Anthony had other gifts --of healing, of casting out demons, of foretelling future events. And although he was illiterate he readily outwitted many philosophers. Once, when some 'wise' men came thinking to mock his Christian faith, St. Anthony brought forward several people who were troubled with demons, and said, "Can you heal these men by your reasoning? or by any art or magic, calling upon your idols?" The Saint then called upon the name of Christ and marked the demoniacs with the sign of the Cross, a first, second and third time. Immediately the men were healed of their insanity, and the philosophers departed amazed by the miracle and by Anthony's wisdom.

Treasury of Good Gifts

Crowds flocked to this heavenly-born physician of the Egyptian desert, and no one left without being enriched from St. Anthony's store of gifts. "For who," writes St. Athanasius, "went to him in sorrow, and did not come back rejoicing? Who went to him in anger, and was not converted into a friend? What poor man met him, with a dejected heart, who, after he saw and heard him, did not go away despising riches and content with poverty? If a monk was remiss, he excited him to diligence. If a young man went to the mountain and beheld Anthony, he straightway renounced pleasure and embraced a life of temperance. Whosoever came to him, tempted by a demon, was relieved; or if troubled with evil thoughts was tranquilized."

Even when St. Anthony had attained the heights of perfection, he never hesitated to learn from someone else. Nor did he, in his humility, ascribe his spiritual gifts to his own achievements, but exhorted those who benefited by his prayers to thank God Who is the source and cause of all that is good.

St. Anthony reached the venerable age of 104, still sound in mind and body notwithstanding his severe mode of life, Foreseeing the approach of death, he gave a final word of instruction to the brethren, warning them to beware of schismatics and the Arian heretics, and urging them to diligently guard their hearts and not to fear the demons. He died in peace after a short illness, welcoming his journey into eternity as et foreigner returning to his homeland. His life, once hidden in the desert, became famed throughout the Roman Empire, not on account of worldly wisdom or riches or political power, but because of his profound piety, towards God, to Whom he brought glory and honor.. Amen. [Source : \(Excerpts from the /Life/ by St. Athanasius\)](#)



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Calendar of Events

Jan. 28	Parish Men's Group Meeting
Feb. 13	Sr. UOL Chapter Meeting
Feb. 16	UOL Souper Bowl Sunday Luncheon
Apr. 10	Pysanky Sale
July 27-31	75 th UOL Convention

COFFEE HOUR

Jan. 23	Deacon Evan & Pani Alice
Jan. 30	Natalie & Ethan Nixon, Beverly Kapeluck
Feb. 6	Souper Bowl Sunday, Bonnie & Nicole Reinhart
Feb. 13	Chris & Justina Mills, Matushka Laryssa
Feb. 20	Ron & Bev Wachnowsky
Feb. 27	Meatfare Sunday

Parish Weekly Schedule

Monday

Kyiv Ukrainian Dance Ensemble & School

Rehearsals begin every Monday at 6:00 pm. Classes for all ages.

For more info call Director Natalie Kapeluck or just stop down any Monday

Thursday Morning

Senior Coffee Hour

You're invited to our FREE coffee and donuts, and sometime pancakes, French toast or waffles every Thursday from 10:00 AM to 11:30 . . .or whenever it's over. At th parish hall. **YOU ARE NOT PERMITTED TO BRING ANYTHING!!!** However, bring a Friend!!!

3rd Sunday of the Month

St John & Martin's Closet

Clothing for men, women and children. Bedding & towels

Trade something old for something new, leave a donation. or just take what you need.

Donations of clean, gently used or new clothing/bedding accepted when the closet door is open.

Call 276-9718 to schedule a donation.

Parish Website/Social Media

To Submit items for publication on website & social media

>email any information to be included on the Website, Facebook or Instagram to Parish Technology.

If you have any fliers or jpgs please include them, but not necessary.

E-mail Technology at technology@orthodoxcarnegie.org

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