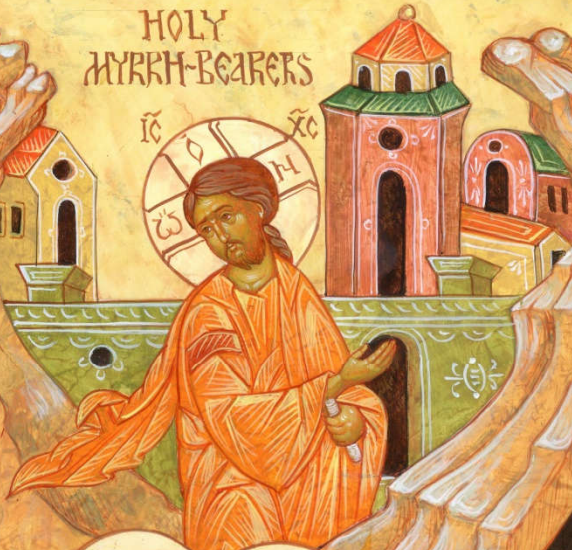


HOLY  
MYRRH-BEARERS







# St. Peter & St. Paul Ukrainian Orthodox Church

220 Mansfield Blvd. (mailing: PO Box 835), Carnegie, PA 15106

**Rev. Fr. John Charest**

847-910-7120 - frjohn.charest@aol.com

**Deacon Evan O'Neil**

**Parish Hall: 412- 276-9718**

**President: Howard West 724-910-9627**

[www.orthodoxcarnegie.org](http://www.orthodoxcarnegie.org)

Sunday, May 16, 2021

## SUNDAY MAY 16<sup>TH</sup>

DIVINE LITURGY 9:30 AM

SUNDAY OF THE MYRRH-BEARERS  
ST. JOSEPH OF ARIMATHEA, TONE 2

ACTS 6: 1-7; MK. 15: 43- 16: 8

## WEDNESDAY, MAY 19<sup>TH</sup>

DIVINE LITURGY 9:30 AM

ACTS 2; 14 - 21; LK 24: 12 - 35

## SATURDAY, MAY 22<sup>ND</sup>

VESPERS 6:00 PM

## SUNDAY MAY 23<sup>RD</sup>

DIVINE LITURGY 9:30 AM

SUNDAY OF THE PARALYTIC TONE 3  
ST. TABITHA, APOSTLE SIMONE

ACTS 9: 32 - 42; JN 5: 1 - 15

ALL SERVICE LIVE STREAMED AT:

<https://orthodoxcarnegie.org/livestream>

TODAY'S BULLETIN IS SPONSORED BY

ELIZABETH KRAFTICIAN IN MEMORY OF  
MARY KRAFTICIAN HOYSON  
MEMORY ETERNAL

FR. ROBERT & PANI GINA POPICHAK IN HONOR OF THEIR 27<sup>TH</sup>  
WEDDING ANNIVERSARY. MANY BLESSED YEARS!

### 2020 Parish Board of Directors

**President:**

Howard West

**Vice President:**

Mary Stevens

**Rec. Secretary:**

Cynthia Haluszczak

**Treasurer:**

John Stasko

**Asst. Treasurer:**

Jason Olexa

**Financial Secy.**

Victor Onufrey

**Asst. Fin. Secy**

Tracey Sally

**Trustees:**

Sherri Walewski

Natalie Onufrey

Alice O'Neil

Rachel Losego

Melissa Haluszczak

**Vestrymen:**

Steven Sawchuk Jr.

Michael Kapeluck

**Auditors:**

Michele Kapeluck

Ron Wachnowsky

Alex Sawchuk

**The Sts. Peter & Paul Ukrainian Orthodox Church Bulletin is published weekly by  
The Senior Chapter of the Ukrainian Orthodox League**

Editor: Michael Kapeluck

Bulletin Submissions are due by 8:00 am Thursday morning. Written submissions can be:

-hand delivered to the editor

-placed in the Bulletin envelope in the church vestibule.

-mailed to: 300 East Main Street, Carnegie, PA 15106

-e-mailed to: kapeluck@verizon.net

# We welcome you today

**We would like to remind our visitors of the following;:**

- ❖ All people are encouraged to participate in the sacred services of our Church. We hope that you will be able to worship as well as have fellowship with us. Should you wish any information about the Orthodox Faith or this parish in particular, please see the rector or any member of the church. We are able to place you on our mailing list.
- ❖ Only Orthodox Christians may receive the Eucharist (Holy Communion) in the Orthodox Church. In like manner, Orthodox Christians may not receive the sacraments in a non-Orthodox Church. While we hope that one day all Christians will find unity and be able to approach the chalice of our Lord together, we observe the teachings of the Church that the Eucharist is a gift of unity and not a means of unity.

**We remind our faithful and visitors of the following guidelines concerning the Holy Sacraments in the Orthodox Church.**

- ❖ Orthodox Christians are urged to receive Holy Communion frequently.
- ❖ Communicants should be at peace with others before approaching the chalice (Mt 5:23-24)
- ❖ Realize the importance of making a thorough examination of sins and transgressions against God, ourselves and others and having prayed for forgiveness before coming to Holy Communion.
- ❖ Frequent communicants should come to Holy Confession at least four times a year (during the four fasting periods of the year). and additionally when an examination of conscience reveals the necessity to do so in order to heal any sinful behavior.
- ❖ Communicants should fast from all foods and liquids from the evening before receiving Holy Communion.
- ❖ Communicants should read prayers in preparation for receiving Holy Communion.
- ❖ All Orthodox Christians must receive the sacraments at least once a year.
- ❖ Those who are late for Divine Liturgy ( after the reading of the Epistle and Gospel) should not approach the chalice.
- ❖ Those who are ill or who have special physical needs are exempt from the above guidelines.
- ❖ Infants and children (up to the age of seven) who are Orthodox Christians may receive Holy Communion and are exempt from the above guidelines.

**Thank you for gathering to worship with us today. Together we have glorified the One God, Father, Son and Holy Spirit. May we be brought closer to one another and closer to God by following the eternal teachings of our Lord.**

**Нагадуємо нашлім гостям., що:**

ми заохочуємо всіх до участі у Священній Літургії в нашій Церкві; ми сподіваємося, що Ви зможете не лише молитися тут, але й стати членом нашої громади. Якщо Ви хочете отримати якусь додаткову інформацію про Православну віру, чи, зокрема, про нашу парафію, звертайтеся, будь ласка, до отця настоятеля чи до будь-кого із членів нашої парафії. Ми можемо внести вашу адресу до парафіяльного списку розсилки;

лише православні християни можуть отримати Євхаристію (Святе Причастя) у православної церкви і, відповідно, православні християни не можуть отримувати святого причастя у неправославної церкви. Плекаючи надію на те, що у майбутньому всі християни досягнуть єдності і зможуть разом пити із чаші нашого Господа, ми дотримуємося вчення церкви про те, що Євхаристія - це дар єдності, а не засіб до єдності.

**НАГАДУЄМО НАШИМ ВІРНИМ І ГОСТЯМ ПРО ПРАВИЛА, ЩО СТОСУЮТЬСЯ СВЯТОГО ПРИЧАСТЯ У ПРАВОСЛАВНІЙ ЦЕРКВІ:**

ми спонукаємо православних християн часто ходити до Святого Причастя;

**ті**, хто причащаються, повинні бути у мирі з іншими перш, нас підійти до євхаристичної чаші (Св.Матвій 5:23-24);

**перед** тим, як прийти на Святе Причастя, дуже важливо ретельно осмислити гріхи і порушення, які було вчинено проти Бога, нас самих та інших і помолитися за їх відпущення;

**тим**, хто часто причащається, слід приходити на святу сповідь принаймні чотири рази на рік (під час кожного із чотирьох щорічних постів);

**ті**, хто причащається, повинні з вечора перед прийняттям Святого Причастя, припинити вживання всякої їжі і напоїв;

**ті**, хто причащається, повинні шляхом молитов підготувати себе до прийняття причастя;

**всі** православні християни повинні, принаймні, раз на рік отримати Святе Причастя;

**ті**, хто спізнівся на Божественну Літургію (пришов після того, як було прочитано Апостол і Євангеліє) не можуть підходити до чаші; **хворі**, і **ті**, хто має обмежені фізичні м'якості, звільняються від вище викладених вимог;

**немовлята** та діти до семи років, які належать до Православної християнської віри, можуть отримувати Святе Причастя і звільняються від вище викладених вимог;

**Дякуємо за те, що Ви прийшли помолитися з нами сьогодні у церкві Ісуса Христа. Разом з вами ми віддали славу Єдиному Господу, Отцеві, і Синові, і Духові Святому. Нехай дотримання вічного вчення нашого Господа наблизить нас один до одного Богу**

## SUNDAY OF THE MYRRH BEARERS



### TROPARION TONE 2

When Thou didst descend to death, O Life Immortal, Thou didst slay hell with the splendor of Thy God-head! And when from the depths Thou didst raise the dead, all the powers of heaven cried out; O Giver of Life, Christ our God! Glory to Thee!

### TROPARION - TONE 2

The Noble Joseph,  
When he had taken down Y  
our most pure Body from the tree,  
Wrapped it in fine linen and anointed it with spices,  
And placed it in a new tomb.  
But You did rise on the third day, O Lord,  
Granting the world great mercy.

### TROPARION - TONE 2

The angel came to the myrrhbearing women  
at the tomb and said:  
Myrrh is meet for the dead;  
But Christ has shown Himself a stranger to corruption!  
So proclaim: the Lord is risen,  
Granting the world great mercy!

### KONTAKION - TONE 2

You did command the myrrh-bearers to rejoice, O Christ!  
By Your Resurrection, You did stop the lamentation of Eve, O God!  
You did command Your apostles to preach: The Savior is Risen

### KONDAK TONE 8

Thou didst descend into the tomb, O Immortal!  
Thou didst destroy the power of death! In victory didst Thou arise,  
O Christ God, proclaiming rejoice to the myrrh-bearing women,  
granting peace to Thy apostles, and bestowing  
resurrection on the fallen.

Prokiemon

O Lord, save Thy people, and bless Thine inheritance.

*Verse:* Unto Thee will I cry, O Lord, my strength; keep Thou not silent unto me.



## Lesson from the Acts of the Apostles

(c. 6, v. 1-7)

In those days, when the disciples were increasing in number, the Greek-speaking Jews complained against the native Hebrews, because their widows were neglected in the daily distribution of food.

So, the twelve Apostles convoked the whole body of the disciples and said to them: "It is not desirable that we should give up preaching the message of God to serve tables. Therefore, brethren, pick out from your number seven men of good standing, full of wisdom and of the Holy Spirit, and we will put them in charge of this service, while we devote ourselves to prayer and to preaching."

This recommendation met with the approval of the whole body. So, they selected Stephen, a man full of faith and of the Holy Spirit, Philip, Prochor, Nicanor, Timon, Parmenas, and Nicholas, a convert from Antioch. They brought them before the Apostles, who prayed for them and laid their hands on them.

In the meantime, the message of God continued to spread, the number of the disciples in Jerusalem increased rapidly, and a great number of priests accepted the faith.



### Дії 6:1-7

Тими днями кількість Ісусових учнів дедалі зростала. Але дехто з послідовників, які розмовляли грецькою мовою, були невдоволені іншими учнями, які були з Юдеї. Мовляв, їхніх вдів ображають при розподілі щоденної частки харчів.

Тоді дванадцять апостолів зібрали разом громаду послідовників і сказали: «Це не добре, що ми залишаємо служіння слову Божому заради керування розподілом харчів. Тож, брати і сестри, оберіть з-поміж себе сімох мужів з доброю славою, сповнених Духа Святого і мудрості. Ми їх призначимо відповідати за ці справи, а самі присвятимо себе молитві й служінню Слову».

Ця пропозиція задовольнила всю громаду. Вони обрали Степана (чоловіка, сповненого віри і Духа Святого), а також Пилипа, Прохора, Никанора, Тимона, Пармена і Миколу з Антіохії, який раніше був навернений у юдейську віру. Цих людей поставили перед апостолами, які помолившись, поклали руки<sup>1</sup> на них. Отже, Слово Боже поширювалося, й кількість послідовників у Єрусалимі значно зросла. Навіть багато юдейських священиків підкорилося новій вірі.

Alleluia!

*V. O Lord, You have been gracious to Your land; You have turned back the captivity of Jacob.*

*V. Mercy and truth are met together, righteousness and peace have kissed each other.*

### Gospel According to Saint Mark

(c. 15, v. 43-47 ; c. 16, v. 1-8)

At that time, Joseph of Arimathea, a councilor of high standing, who was himself waiting for the kingdom of God, went boldly to Pilate, and asked for the body of Jesus.

Pilate was surprised that he was dead so soon. Therefore he summoned the captain and asked him if he was already dead. After hearing the captain's report, he granted the body to Joseph.

Then Joseph bought a linen shroud, took him down, wrapped him in the linen shroud, laid him in a tomb which had been cut out of the rock, and rolled a stone against the door of the tomb. Mary Magdalene and Mary, the mother of Jesus, observed where he was laid.

Right after the Sabbath, Mary Magdalene, Mary the mother of James, and Salome bought perfumes in order to go and anoint Jesus. So they went to the tomb very early in the morning of the first day of the week, soon after sunrise.

On their way they asked one another: "Who will roll away the stone from the door of the tomb for us?" But when they looked up, they noticed that the huge stone had been rolled away.

So they went into the tomb and they saw a young man dressed in white on the right side. They were astonished. But he told them: "Do not be afraid. You are looking for Jesus of Nazareth, who was crucified. He has risen, he is not here. This is the place where they laid him. But go, tell his Disciples and Peter that he is waiting for you in Galilee. There you will see him, as he told you." Terrified and bewildered, the women ran out, fled from the tomb, and said nothing to anyone out of fear.

### Від Марка 15:43-47, 16:1-8

Настав вечір. І оскільки це був день приготувань (день перед суботою), то Йосип з Ариматеї, сповнений хоробрості, пішов до Пилата й попросив віддати йому тіло Ісусове. Він був поважним членом ради юдейської, який також чекав на прихід Царства Господнього. Коли Пилат дізнався про смерть Ісуса, він був дуже здивований, що це трапилося так скоро, тож він покликав центуріона й запитав його, чи це було дійсно правдою. Вислухавши доповідь центуріона, він звелів віддати тіло Ісусове Йосипові.

Йосип придбав ляне полотно й, знявши тіло Ісусове з хреста, загорнув його в полотно й поклав до гробниці, що була висічена у скелі. Потім він прикотив величезний камінь і затулив ним вхід до склепу. Марія Магдалена та Марія, Йосипова мати, бачили, де було поховано Ісуса.

Коли минула субота, Марія Магдалена, Марія, мати Якова, й Саломія придбали пахоців, аби намастити тіло Ісусове. Рано-вранці, тільки-но зійшло сонце, в перший день тижня, вони прийшли до гробниці, де було поховано Ісуса. І сказали жінки одна одній: «Хто ж нам відкотить від входу той величезний камінь?»

Коли вони наблизившись до склепу, то помітили, що той величезний камінь, який затуляв вхід до гробниці, було відкочено вбік. Ввійшовши до склепу, жінки побачили, що праворуч сидить молодий чоловік, убраний в білу одежину. Тож вони були дуже налякані. Тоді він мовив до них: «Не бійтеся! Ви шукаєте Ісуса з Назарета, Який був розіп'ятий на хресті. Однак Його тут зараз немає, бо Він воскрес із мертвих! Огляньте те місце, де Він лежав! Тож йдіть негайно до Його учнів і Петра та й скажіть їм: „Він прийде в Галилею раніше за вас. Там ви знайдете Його, як Він вам і обіцяв”».

Тоді жінки вийшли звітти й побігли геть від гробниці, приголомшені й охоплені страхом. І, нажахані, вони нікому нічого не сказали. Але згодом вони розповіли про все, що наказав Ісус Петру та усім іншим апостолам. Після того Сам Ісус відіслав їх в усі кінці світу, аби донести до людей Святе Послання, яке не згине ніколи — всі люди матимуть спасіння вічне.



# Prayer List

*Heavenly Father, Who sent Your only-begotten Son, our Lord Jesus Christ, to be the Physician of our souls and bodies, Who came to heal sickness and infirmity, Who healed the paralytic, and brought back to life the daughter of Jairus, Who healed the woman who had been sick for twelve years by the her mere touch of the hem of your robe, visit and heal also your beloved servants:*

Archbishop Daniel	Jane Allred	Teresa Stacy	Laila Bechtle
Steve Sivulich	Ronda Bickel	Claudia Losego	Sally Sally
Peter Zinski	Pearl Homyrda	Dolores Wachnowsky	Shaun McAdams
Kathryn Ostaffy	Ann Sekelik	Pamela Graham	Rebecca White
Joann Klein	Shelley Cameron	Jocelyn Barner	Deborah Schricker
Michael Klein	James White	Theresa Zatezalo	Jack Schricker
Dan Rosga	Dylan G	Olga Cherniavska	Jeff Mills
Nick Worobny	Gerald	Michele Roberts	Karsten Scott
Maria Kashtalinchuk	Anatoliy Kashtalinchuk	Steve Sawchuk	Maria Warholak

*by the power and grace of Your Christ. Grant them the patience that comes from believing that You are always at work in our lives to bring good out of evil. Grant them strength of body, mind and soul. Raise them up from the bed of pain. Grant them full recovery. May they experience the same surge of healing power flow through their bodies ,as did the sick woman who touched your robe. For we, too, are touching your robe today, dear Lord, through this our prayer. We approach you with the same faith she did. Grant them the gift of health. For You alone are the source of healing and to You we offer glory, praise and thanksgiving in the name of the Father, Son and Holy Spirit.*

*Amen*

## *Mnohaya Lita - Many Blessed Years*

### **Name Days**

#### **May 16 St. Maura**

Maureen Glasson

#### **May 17 Martyr Pelagia**

Gretchen Reinhart

#### **May 18 Great Martyr Irene**

Irene Onufrey, Irene Rozum, Lisa Irene Ryan,  
Iryna Reiterovych

#### **May 21 Apostle and Evangelist John -**

Fr, John, John Adzima, John Stasko,  
John Walewski, Jack Losego

### **Anniversaries**

May 21 Fr. Robert & Regina Popichak

### **Birthdays**

May 17 Kristi Rozum  
May 17 Mary Olexa  
May 18 Nicholas Wachnowsky  
May 18 Ryan Quinn  
May 19 Sharon Bottorf  
May 19 Lou Turicik

### **Feast Days of:**

May 21 Evangelist John  
May 22 Prophet Isaiah

### **Pray for our friends and relatives serving in the armed forces.**

Patrick Kluyber, Catherine Sheerin, Gregory Markiw,  
Ethan Rock, Michael Hrishenko

### **Pray for our Catechumens**

Andie Yorita

### **Pray for our parishioners in vocational studies**

### **Pray for the newly departed servants of God**

Sarah Dorning



- **POST EASTER DINNER:** Please join members of our parish family as we continue the celebration of our Lord's Resurrection on Sunday, May 16th, when the St. Matrona sisterhood will sponsor a post Easter dinner. We will meet in the hall following the Divine Liturgy where guests will be served buffet style. Mark your calendar as we hope to see you all there.
- **MAY SOUP SPECIAL:** Sunday, May 23, 2021 during coffee hour! Beef Vegetable Soup or Ham & Bean Soup \$5.00 a quart. Proceeds benefit the parish's Community Dinner Fund If you would like to reserve your soup; please complete the order form online here <https://forms.gle/7kytxZ6XBwQE2o9A8> and/or from parish website. See Howard West, John Stasko or Chris Mills on May 23<sup>rd</sup> to purchase your soup.
- **TOMATO PLANT SALE** I wish I could announce when we will return to making pierogies and having a food festival again (we're being extra careful waiting for an all clear on COVID-19): But COVID has not stopped our tomato plants Plants are \$1:00/ plant \$3:00/ 5 plants \$5:00/ 10 plants (mix and match) Plants must be picked up after Sunday service 5/9, 5/16, 5/23, 5/30 before Saturday service 5/15, 5/22, 5/29 **Please contact Fr JohnHaluszczak (412-513-9148) To schedule Pick-up LIMITED SUPPLY FIRST COME FIRST SERVED UNTIL SOLD OUT**
- **PARISH PHOTOS:** Pictures from Holy Week and Pascha and the Mother's Day Brunch can be viewed from the home page on our parish website [www.orthodoxcarnegie.org](http://www.orthodoxcarnegie.org)
- **BASKET RAFFLE:** 75th UOL basket raffle is back again for May!. It is the April Showers bring May Flowers this month. Tickets are 1 for \$1 or 10 for \$5. This month's basket includes flowers, gardening tools, spring signs and wind chimes. Please see John Stasko for tickets.



---

## *Stewardship*

THANK YOU FOR THESE RECENT DONATIONS:



# Set Free from the Fear of Death to Serve and Love: Homily for the Sunday of the Myrrh-Bearing Women, Pious Joseph of Arimathaea, and Righteous Nicodemus in the Orthodox Church

· [Fr. Philip LeMasters](#)

Today we commemorate those who, in moments of profound crisis, did not think only of themselves, but instead cared for the dead body of their Lord as a sign of their love for Him. With broken hearts and in terrible shock and grief, the Theotokos, Mary Magdalen, two other Mary's, Johanna, Salome, Martha, Susanna, and others whose names we do not know, went early in the morning to the tomb of Christ in order to anoint Him. They had seen Him die a terrible death and expected to find His body lying in the grave. By doing what they could to show one last act of love to the Savior, the myrrh-bearing women received the tremendous blessing of being the first to hear from the angel the good news of the resurrection.

Along with them, we also remember today Joseph of Arimathaea, who bravely asked Pilate for the dead body of the Lord and took Him down from the Cross with his own hands. Nicodemus, who had previously not understood Christ at all, helped Joseph bury Him. These were both prominent Jewish men who risked a great deal by associating themselves with One Who had been rejected by their own religious leaders as a blasphemer and publicly crucified by the Romans as a traitor.

Our Lord's Passion shook all of His followers to their core. John was the only one of the twelve to stand at the foot of the Cross, for the others had run away in fear. Peter, the head disciple, had denied the Savior three times. They were all shocked that their Messiah had failed to set up an earthly kingdom; instead, He had been killed by His enemies. They believed that death had had the final word on Jesus of Nazareth. Out of a mixture of fear, disappointment, and the assumption that He could do nothing else for them, His closest followers ran away and hid.

The myrrh-bearers, along with Joseph and Nicodemus, were surely just as grieved as the disciples. Things had not turned out as they had hoped either; nonetheless, they resisted the temptation to think only about themselves. They responded very differently from the twelve because they kept their focus on showing their love for Jesus Christ as best they could. That meant doing the sorrowful task of giving their departed Lord and friend a decent burial. They accepted the risk of identifying themselves even further with One Who had just been crucified. They must have all struggled against fear and pain. Somehow, they found the courage and strength to risk everything by showing their love for Christ as best they could in these awful circumstances.

Though in a different context, today's reading from Acts describes a similar commitment in the early years of the Church's life. The Christians in Jerusalem had shared everything in common and provided food daily to the widows, who had no other means of support. A problem arose when the widows of Greek cultural heritage complained that they were neglected. Disagreements and struggles between different groups of people have existed in the Church from its earliest days. Instead of the apostles attempting to solve the problem directly, they created the office of deacon, which literally means "servant." The community chose seven men to fulfill the role of servants who would directly meet such practical needs. Following their ordination and ministry of service, we read that "the word of



God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.”

These first deacons have a lot in common with the women and men we commemorate today, for they also cared for the Lord’s Body. They addressed the physical needs of the members of the Church in a stressful situation of conflict. Instead of leaving the problem to others or ignoring it, they took it on. Undertaking that ministry may well have been an unexpected inconvenience for them. They had to abandon the illusion that they could pursue the Christian life on their own terms or in a way characterized by perfect peace and quiet. Instead, they focused on the practical task of organizing a fair distribution of food to neglected widows. They accepted their new ministry and performed it faithfully for the flourishing of the Church.

We celebrate our Savior’s victory over death on this Sunday of the Myrrh-Bearing Women with the recognition that the new life He has brought to the world requires us to make the offering of active obedience even in difficult situations. Through their courageous, humble, and loving service, the myrrh-bearers were able to receive the unbelievably good news of the resurrection. They show us that the way to know the joy of the empty tomb is to serve our Lord in practical, tangible ways.

Whenever we give our time, resources, or attention to help anyone who is in need in any way, we embrace an opportunity to serve our Savior and participate more fully in His life. He has delivered us from slavery to the fear of death, which is at the root of why people so easily disregard one another’s suffering and fail to see their neighbors as living icons of the Lord. The fear of death leads us to indulge in vain efforts to protect ourselves from annihilation by selfishness as we treat others as threats to our well-being. It also tempts us to distract ourselves from despair by self-indulgence in pleasure of various kinds. The good news of Pascha is that our Risen Lord has made even the tomb itself a pathway to the Kingdom and consequently liberated us from slavery to the fear of death. In the brilliant light of the resurrection, there is no longer any reason to disregard or resent our neighbors; instead, there is every reason to show love for our Lord in how we treat them. The righteous women and men we commemorate today showed their devotion to the Savior by caring for His dead body. Since how we treat even the most wretched person is how we treat Him, the brilliant light of the Lord’s resurrection must shine forth in how we serve those who suffer and struggle today. We must learn to see and serve our neighbors in light of the joy of the empty tomb.

We also enter more fully into the joy of Pascha by serving our Lord in His Body, the Church, when we offer our time and talents to meet the practical needs that any parish faces, from paying the bills to chanting and teaching Sunday School. As the apostles knew when they ordained the first deacons, no one can perform every ministry. No one should even try to do so. We must all, however, use our gifts to do what needs to be done for the flourishing of the Church, even if it is not always what we would prefer to do. We must not allow the fear of death to lead us to insist on getting our own way, but instead must obey our calling to serve and strengthen Christ’s Body in whatever way we can. Doing so will not distract us from more important things, but instead will make it possible for us to do the most important thing of serving our Risen Lord.

If we want to know the joy of Pascha from the depths of our hearts, we must mindfully turn away from the fear of death and every passion that would keep us from offering ourselves to love and serve our Savior in practical, tangible ways. Joseph took Christ down from the Cross and, with the help of Nicodemus, buried Him. The myrrh-bearing women went to His tomb early in the morning on the first day of the week in order to anoint His dead body. They all did what needed to be done out of love for their Lord, Who had died. Since we know that He has conquered death, all the more must we devote ourselves to serving Him by meeting the needs of our neighbors and of His Body, the Church. That is how we will grow in love for the Lord as we enter more fully into the glorious good news heard by those righteous and blessed women: “Christ is Risen”!

<https://blogs.ancientfaith.com/easternchristianinsights/2020/05/02/set-free-from-the-fear-of-death-to-serve-and-love-homily-for-the-sunday-of-the-myrrh-bearing-women-pious-joseph-of-arimathaea-and-righteous-nicodemus-in-the-orthodox-church/>



# Help the Jr. UOL Support the Seminary

Our parish is helping the Jr. UOL sell masks to help pay for the new seminary van. Masks come in Navy Blue or Black, are two layered, 100% cotton, have an adjustable nose piece, adjustable ear loops, and fit nicely around the chin. The cost is \$10 per mask. Please see John Stasko to purchase.



## MAY SOUP SPECIALS

Sunday, May 23, 2021

Beef Vegetable Soup

Ham & Bean Soup

Quart of Soup \$5.00

Proceeds will go toward Parish  
Community Dinner Fund.

[https://  
forms.gle/7kytxZ6XBwQE2o9As](https://forms.gle/7kytxZ6XBwQE2o9As)



**Christ Is Risen ! Indeed He Is Risen !**

Please join us as we celebrate the Resurrection  
of our Lord at our post Easter Dinner on  
**Sunday, May 16<sup>th</sup> following the Liturgy.**

The dinner will be sponsored by our St. Matrona  
Ladies Society. Please let us know if you can join us!  
Help us keep this wonderful parish tradition alive by  
attending.





# NEIGHBORHOOD RESILIENCE PROJECT

**The Neighborhood Resilience Project is looking for volunteers to join our organization.**

This organization cannot achieve the mission and vision of the organization without the tireless efforts of our staff and volunteers. To join the ranks of our amazing volunteers, see the opportunities below:

**1. Backpack Feeding Program Packers** - Join us on Monday, Tuesday or Wednesday during the day to help pack up the weekend meal bags for children across the city. Email [kabernathy@neighborhoodresilience.org](mailto:kabernathy@neighborhoodresilience.org), if interested.

**2. Front Desk Personnel** - Monday, Wednesday, Friday from 9:30 - 4:30. This position will support checking people into the building, setting out lunch each day after noon prayer, cleaning surfaces and supporting the groups that occur for the community. . Email [kabernathy@neighborhoodresilience.org](mailto:kabernathy@neighborhoodresilience.org), if interested.

**3. Community Health Deputies** - These volunteers will help promote the Covid 19 Vaccination or Flu Shots. If you are interested, please email Che Sayles - CHD Program Manager [csayles@neighborhoodresilience.org](mailto:csayles@neighborhoodresilience.org),

**4. Volunteer Trauma Responders** - These volunteers help support the acute needs of communities in the aftermath of homicides related to gun violence. You will receive 40 hours of training for this program. Link to fill out the volunteer application.  
[https://docs.google.com/forms/d/1XARD4cAiYS9Th2tBB03Own8DXSiiRoigwVI84bIOtW0/viewform?edit\\_requested=true#response=ACYDBNha4WGJqghHwUoVUzOA2kTBHMjyCT4HEZhvhI7xvEuxzEErzJJd\\_n\\_xjZE](https://docs.google.com/forms/d/1XARD4cAiYS9Th2tBB03Own8DXSiiRoigwVI84bIOtW0/viewform?edit_requested=true#response=ACYDBNha4WGJqghHwUoVUzOA2kTBHMjyCT4HEZhvhI7xvEuxzEErzJJd_n_xjZE)

**5. Free Health Center Volunteers** - The Free Health Center is recruiting Volunteer Doctors, Dentists, Nurse Practitioners, Dental Hygienists, Nurses and Students to provide free health care and health care coordination to people who are un-insured. We are also looking for specialists who can see these patients at little to no cost at their office. Email here [kabernathy@neighborhoodresilience.org](mailto:kabernathy@neighborhoodresilience.org) to express your interest in this program.

**Join our Trauma  
Response Team!**



**Join our Free  
Health Center!**

Follow this QR Code to express  
your interest by completing the  
form on the website!





# The Emmaus Community of Pittsburgh

A Community that Serves Persons with Developmental Disabilities and Promotes Public Awareness of Their Needs

## We are hiring Direct Support Professionals!

**Earn Joy**  
**Earn Respect**  
**Earn more than a paycheck**

---

### SEVERE SHORTAGE OF STAFF AVAILABLE TO WORK WITH ADULTS WITH INTELLECTUAL DISABILITIES IN THE PITTSBURGH AREA!

**HELP WANTED:** Looking for a meaningful job? Want to make a difference in the world? Is Social Justice important to you? Please consider becoming a **Direct Support Professional**.

The Emmaus Community of Pittsburgh is an ecumenical faith-based non-profit organization dedicated to providing residential homes, in home services and advocacy for individuals with intellectual & other developmental disabilities. We are currently hiring! Emmaus operates homes in the **South Side, Mt. Lebanon, Bethel Park, Scott Township, Brookline, Dormont, Castle Shannon, Ross Township & Reserve Township**.

No experience needed. Training provided. Must be 18 or over, High School graduate (GED), have a valid driver's license, and a clean criminal clearance.

Please visit [www.EmmausPgh.org](http://www.EmmausPgh.org) to apply on-line, or call Shauna Casey at 412-381-0277 ext. 205, or email [scasey@emmauspgh.org](mailto:scasey@emmauspgh.org) for more information. Resumes can be faxed to (412) 586-5075. EOE

Help us make the world a better place where people with and without disabilities break bread with one another and share their lives on the road of life!





# Calendar of Events

May 16 Post Easter Dinner  
May 23 Sr. UOL Meeting  
June 6 Parish/Church School Picnic  
Oct. 1 & 2 Annual Food Festival

## COFFEE HOUR

May 16<sup>th</sup> Post Easter Dinner sponsored by St. Matronas  
May 23<sup>rd</sup> Bev & Ron Wachnowsky  
May 30<sup>t</sup> Pat Dorning  
June 6<sup>th</sup> Church Picnic

## Parish Weekly Schedule

Monday

### **yiv Ukrainian Dance Ensemble & School**

Rehearsals begin every Monday at 6:00 pm. Classes for all ages.  
For more info call Director Natalie Kapeluck or just stop down any Monday

Thursday Morning

### **Senior Coffee Hour**

*You're invited* to our FREE coffee and donuts, and sometime pancakes, French toast or waffles every Thursday from 10:00 AM to 11:30 . . .or whenever it's over. At th parish hall. **YOU ARE NOT PERMITTED TO BRING ANYTHING!!!** However, bring a Friend!!!

3<sup>rd</sup> Sunday of the Month

### **St John & Martin's Closet**

Clothing for men, women and children. Bedding & towels  
Trade something old for something new, leave a donation. or just take what you need.  
Donations of clean, gently used or new clothing/bedding accepted when the closet door is open.  
Call 276-9718 to schedule a donation.

### **Parish Website/Social Media**

**To Submit items for publication on website & social media**

>email any information to be included on the Website, Facebook or Instagram to Parish Technology.

If you have any fliers or jpgs please include them, but not necessary.

E-mail Technology at [technology@orthodoxcarnegie.org](mailto:technology@orthodoxcarnegie.org)

Please indicate the time frame you would like items posted to website and/or social media.

Find & follow us on:



**BULLETIN SPONSOR DATES**

May 2 \_\_\_\_\_  
May 9 \_\_\_\_\_  
May 16 \_\_\_\_\_  
May 23 \_\_\_\_\_  
May 30 \_\_\_\_\_

June 6 \_\_\_\_\_  
June 13 \_\_\_\_\_  
June 20 \_\_\_\_\_  
June 27 \_\_\_\_\_

\*\*\*\*\*

**BULLETIN SPONSOR FORM**

Sponsor \_\_\_\_\_  
In Honor of \_\_\_\_\_  
In Memory of \_\_\_\_\_  
Date of Bulletin you wish to sponsor \_\_\_\_\_  
Donation (\$20. minimum suggested) \_\_\_\_\_  
(Please make checks payable to "Sr. UOL Chapter") \_\_\_\_\_



\*\*\*\*\*

SS. Peter & Paul  
Ukrainian Orthodox Church  
PO Box 835  
Carnegie, PA 15106

RETURN SERVICE REQUESTED