

# St. Peter & St. Paul Ukrainian Orthodox Church

220 Mansfield Blvd. (mailing: PO Box 835), Carnegie, PA 15106

Rev. Fr. John Charest

847-910-7120 - frjohn.charest@aol.com

**Deacon Evan O'Neil** 

Parish Hall: 412- 276-9718

President: Howard West 724-910-9627

www.orthodoxcarnegie.org

### SUNDAY, APRIL 12-20, 2020

SUNDAY, APRIL 12

DIVINE LITURGY LIVE STREAM 9:30 AM

 $\underline{https://www.orthodoxcarnegie.org/divineliturgy}$ 

PALM SUNDAY PHIL. 4:4-9; JN. 12:1-18

Monday 13<sup>th</sup> 7:00 pm Bridegroom Matins Tuesday 14th 7:00 pm Bridegroom Matins

Wednesday 15th
7:00 pm Holy Wednesday, Sacrament of Healing
Thursday 16th
9:30 am Commemoration of first Divine Liturgy

7:00 pm Holy Thursday, Passion Gospels

Friday 17th 9:30 am Royal Hours

7:00 pm Holy Friday, Vespers, Procession & Burial

Saturday 18th 9:30 am Holy Saturday, Anticipation Liturgy

9:00 pm Reading of the Acts of the Apostles

9:30 pm Resurrection Services:

Nocturnes, Paschal Matins & Divine Liturgy

Sunday 19th 11:00 am Agape Vespers

Monday 20th 9:30 am Bright Monday, Divine Liturgy

ALL SERVICE LIVE STREAMED AT:

https://www.orthodoxcarnegie.org/divineliturgy

TODAY'S BULLETIN IS SPONSORED BY:

SHELLY & LARRY TRONDLE IN THANKS

A FRIEND IN MEMORY OF PANISHIRLEY NEAL

The Sts. Peter & Paul Ukrainian Orthodox Church Bulletin is published weekly by
The Senior Chapter of the Ukrainian Orthodox League

Editor: Michael Kapeluck

Bulletin Submissions are due by 8:00 am Thursday morning. Written submissions can be:

- -hand delivered to the editor
- -placed in the Bulletin envelope in the church vestibule.
- -mailed to: 300 East Main Street, Carnegie, PA 15106
- -e-mailed to: kapeluck@verizon.net

2020 Parish Board of Directors

President:

**Howard West** 

Vice President:

Mary Stevens

Rec. Secretary:

Cynthia Haluszczak

Treasurer:

John Stasko

Asst. Treasurer:

Jason Olexa

Financial Secy.

Victor Onufrey

Asst. Fin. Secy

Tracey Sally

Trustees:

Sherri Walewski Natalie Onufrey Alice O'Neil Rachel Losego

Melissa Haluszczak

Vestrymen:

Steven Sawchuk Jr. Michael Kapeluck

Auditors:

Michele Kapeluck Ron Wachnowsky

Alex Sawchuk

## We welcome you today

#### We would like to remind our visitors of the following::

- All people are encouraged to participate in the sacred services of our Church. We hope that you will be able to worship as well as have fellowship with us. Should you wish any information about the Orthodox Faith or this parish in particular, please see the rector or any member of the church. We are able to place you on our mailing list.
- Only Orthodox Christians may receive the Eucharist (Holy Communion) in the Orthodox Church. In like manner, Orthodox Christians may not receive the sacraments in an non-Orthodox Church. While we hope that one day all Christians will find unity and be able to approach the chalice of our Lord together, we observe the teachings of the Church that the Eucharist is a gift of unity and not a means of unity.

#### We remind our faithful and visitors of the following guidelines concerning the Holy Sacraments in the Orthodox Church.

- Orthodox Christians are urged to receive Holy Communion frequently.
- Communicants should be at peace with others before approaching the chalice(Mt 5:23-24)
- Realize the importance of making a thorough examination of sins and transgressions against God, ourselves and others and having prayed for forgiveness before coming to Holy Communion.
- Frequent communicants should come to Holy Confession at least four times a year (during the four fasting periods of the year). and additionally when an examination of conscience reveals the necessity to do so in order to heal any sinful behavior.
- Communicants should fast from all foods and liquids from the evening before receiving Holy Communion.
- Communicants should read prayers in preparation for receiving Holy Communion.
- ❖ All Orthodox Christians must receive the sacraments at least once a year.
- Those who are late for Divine Liturgy ( after the reading of the Epistle and Gospel) should not approach the chalice.
- Those who are ill or who have special physical needs are exempt from the above guidelines.
- Infants and children (up to the age of seven) who are Orthodox Christians may receive Holy Communion and are exempt from the above guidelines.

Thank you for gathering to worship with us today. Together we have glorified the One God, Father, Son and Holy Spirit. May we be brought closer to one another and closer to God by following the eternal teachings of our Lord.

#### Нагадуємо нашлім гостям., що:

ми заохочуємо всіх до участі у Священній Літургії в нашій Церкві; ми сподіваємося, що Ви змажете не лише молитися тут, але й стати членом нашої громади. Якщо Ви хочете отримати якусь додаткову інформацію про Православну віру, чи, зокрема, про нашу парафію, звертайтеся, будь ласка, до отця настоятеля чи до будь-кого із членів нашої парафії. Ми можемо внести вашу адресу до парафіяльного списку розсипки;

лише православні християни можуть отримати Євхаристію (Святе Причастя) у православній церкві І, відповідно, православні християни не можуть отримувати святого причастя у неправославній церкві Плекаючи надію на те, що у майбутньому всі християни досягнуть єдності і зможуть разом пити із чаші нашого Господа, ми дотримуємося вчення церкви про те, що Євхаристія - це дар єдності, а не засіб до єдності.

#### НАГАДУЄМО НАШИМ ВІРНИМ І ГОСТЯМ ПРО ПРАВИЛА, ЩО СТОСУЮТЬСЯ СВЯТОГО ПРИЧАСТЯ У ПРАВОСЛАВНІЙ ЦЕРКВІ:

ми спонукаємо православних християн часто ходити до Святого Причастя;

**ті**, хто причащаються, повинні бути у мирі з іншими перш, нас підійти до євхаристичної чаші (Св.Матвій 5:23-24); **перед** тим, як прийти на Святе Причастя, дуже важливо ретельно осмислити гріхи і порушення, які було вчинено проти Бога, нас самих та інших і помолитися за їх відпущення;

**тим**, хто часто причащається, слід приходити на святу сповідь принаймні чотири рази на рік (під час кожного із чотирьох щорічних постів);

**ті,** хто причащається, повинні з вечора перед прийняттям Святого Причастя, припинити вживання всякої їжі і напоїв; **ті,** хто причащається, повинні шляхом молитов підготувати себе до прийняття причастя;

всі православні християни повинні, принаймні, раз на рік отримати Святе Причастя;

**ті**, хто спізнився на Божественну Літургію (прийшов після того, як було прочитано Апостол і Євангеліє) не можуть підходити до чаші; **хворі**, і ті, хто має обмезсені фізичні моеисливості, звільняються від вище викладених вимог; **немовлята** та діти до семи років, які належать до Православної християнської віри, можуть отримувати Святе Причастя і звільняються від вшиє викладених вимог;

Дякуємо за те, що Ви прийшли помолитися з нами сьогодні у церкві Ісуса Христа. 'Разом з вами ми віддали славу Єдиному Господу, Отцеві, і Синові, і Духові Святому. Нехай дотримування вічного вчення нашого Господа наблизить нас один до одного Боһ

#### CHTRY OF OUR LORD INTO JERUSALEM



#### TROPARION - TONG 1

By raising Lazarus from the dead before Your passion, You did confirm the universal Resurrection, O Christ God!

Like the children with the palms of victory,

We cry out to You, O Vanquisher of death;

Hosanna in the Highest!

Blessed is He that comes in the Name of the Lord!

#### TROPARION - TONG 4

When we were buried with You in Baptism, O Christ God, We were made worthy of eternal life by Your Resurrection!

Now we praise You and sing:

Hosanna in the highest!

Blessed is He that comes in the Name of the Lord!

#### KONTAKION - TONE 6

Sitting on Your throne in heaven,
Carried on a foal on earth, O Christ God!
Accept the praise of angels and the songs of children who sing:
Blessed is He that comes to recall Adam!

#### **PROKEIMENON**

Blessed is He that comes in the name of the Lord! God is the Lord and has revealed Himself to us! v: O give thanks to the Lord, for He is good; for His mercy endures forever!

## Lesson from the Epistle of Saint Paul to the Philippians (c. 4, v. 4-7)

Brethren, farewell. May the Lord be with you always. Let all men see your gentleness. The Lord is coming. Do not worry about anything. But make all your petitions known to God through prayer, supplication, and thanksgiving.

Then, the peace of God, which transcends all human understanding, will keep your minds and your thoughts in Jesus Christ.

Now, brethren, let your minds dwell on what is true, noble, righteous, pure, amiable, kindly, virtuous, and praiseworthy. Practice what you have learned, received, and heard from me, or seen me do. May the God of peace be with you.

#### До филип'ян 4:4-7

Радійте в Господі і робіть це завжди. І знову я кажу: радійте! Нехай ваша доброта стане відома усім, бо Господь вже близько. Ні про що не турбуйтеся. За будь-яких обставин, через молитву прохайте Господа про що потребуєте, та завжди дякуйте Йому за все, що маєте. І мир, який йде від Бога, що вище людського розуміння, буде стерегти серця ваші та думки в Христі Ісусі.

На закінчення, брати і сестри мої, скажу вам таке: думайте лише про те, що правдиве, благородне, справедливе, чисте, приємне, почесне, відмінне, й гідне похвали!

#### Alleluia Verses

v: O sing to the Lord a new song, for He has done marvelous things! v: All the ends of the earth have seen the salvation of our God.

## The Gospel According to Saint John

(c. 12, v. 1-18)

Six days before the Passover, Jesus came to Bethany, where Lazarus, whom he had raised from the dead, was living. They gave him a dinner there. Martha was waiting on them, while Lazarus sat at the table with him.

Then Mary took a pound of costly perfume of pure nard, anointed the feet of J esus, and wiped them with her hair. The house was filled with the fragrance of the perfume.

But Judas Iscariot, one of his Disciples, who was going to betray him, asked: "This perfume could have been sold for ten pounds and distributed to the poor." He made this remark, not because he cared for the poor, but because he was a thief and he kept the purse with the money as the treasurer.

Jesus answered: "Let her alone! She has kept it for the day of my burial. For you always have the poor with you, but you will not always have me."

When the great crowd of the Jews learned that he was there, they came to see not only Jesus but also Lazarus whom he had raised from the dead. So the high priests plotted to murder Lazarus also, because on account of him many of the Jews were seceding and believing in Jesus.

On the following day a great crowd who had come to the festival heard that Jesus was coming to Jerusalem. So they took branches of palm trees, went out to meet him, and shouted: "Hosanna, blessed is the Messiah who comes in the name of the Lord, the King of Israel!"

Jesus had found a young donkey and was seated upon it, as it is written in the Scriptures: "Do not be afraid, daughter of Zion 1 Behold, your king is coming seated on a donkey's colt."

The Disciples did not understand these events at first, but when Jesus was glorified, then they remembered that they occurred as they had been prophesied in the Scriptures. Moreover the crowd which had been with him when he called Lazarus out of the tomb and raised him from the dead, testified as eye witnesses. For this reason the crowd went out to meet him because they heard that he had performed this miracle.

#### Від Івана 12:1-18

За шість днів до Пасхи Ісус подався до Віфанії, де жив Лазар, якого Він воскресив із мертвих. Там Йому приготували вечерю, і Марта прислуговувала за столом. Серед тих, хто з Ним вечеряв, був і Лазар. Марія взяла глечик, де було з півлітра дорогоцінних пахощів, зроблених із справжнього нарду, облила ними Ісусові ноги, витерла їх своїм волоссям, і чудовий аромат мирра наповнив увесь дім.

Один із Ісусових учнів, Юда Іскаріот, який мав Його зрадити, сказав: «Чому було б ці пахощі не продати за триста срібних монет і не роздати гроші бідним?» Юда мовив це не тому, що дбав про бідних, а тому, що був злодієм. Він завідував скринькою з пожертвуваннями і крав гроші звідти.

«Залиш її! — сказав Ісус. — Нехай вона робить свою справу, бо прийшов час приготувати Мене для поховання. Бідні завжди будуть з вами, а Я — ні».

Багато юдеїв, дізнавшись, що Ісус у Віфанії, прийшло на свято, щоб побачити Його. Вони хотіли побачити й Лазаря, якого Ісус воскресив із мертвих. Тоді головні священики змовилися вбити й Лазаря. Бо через нього багато юдеїв кидали своїх вождів і починали вірити в Ісуса.

Наступного дня великий натовп людей прийшов до Єрусалиму на Пасхальне свято. Почувши, що Ісус має там бути, люди взяли пальмове гілля й пішли зустрічати Його, вигукуючи:

«Осанна! Благословенний Той, Хто приходить в ім'я Господнє! Благословенний будь, Царю ізраїльський!»

Знайшовши віслюка, Ісус сів на нього, як було написано у Святому Писанні: «Не бійся, місто Сіонське! Ось Цар твій їде верхи на віслюкові».

Спочатку Його учні не зрозуміли цього, та після вознесіння Ісуса до Слави, вони згадали, що саме так було написано про Нього у Святому Писанні, і що саме так усе і трапилося з Ним. Ті, хто був з Ісусом, коли Він воскресив Лазаря з мертвих і звелів йому вийти з могили, почали всім розповідати про те, що сталося. Через те й натовп пішов Йому назустріч, бо всі почули, що саме Він здійснив це чудо.

## Prayer List

Heavenly Father, Who sent Your only-begotten Son, our Lord Jesus Christ, to be the Physician of our souls and bodies, Who came to heal sickness and infirmity, Who healed the paralytic, and brought back to life the daughter of Jairus, Who healed the woman who had been sick for twelve years by the her mere touch of the hem of your robe, visit and heal also your beloved servants:

Fr. Paisius McGrath	Kay Patridge	Pamela Graham	Reggie Warford	Jane Allred
Fr. Mykola Dilendorf	Sharon Welsh	Peter Zinski	Pearl Homyrda	Kathryn Ostaffy
Fr. Victor Wronski	James Horowitz	Stephen Sheptak	Richard Beighy	Sally T.
Dn Nicholas Zachary	Elissa Lopez	Irene Palahunik	Mary Ellen Heitzman	Patty Valentino
Shirley Neal	Sam Jarovich	Christopher	Olha Cherniavska	Rose Zalenchak
Tim Cromchak	Andrew Brennan	Jabrell	Alexander Zbalishen	Helen Wilwert
Eva Stasko	Реппу Т.	Ann F.	Steven Smyczek	Joanne Klein
Patty Spotti	Steve Sivulich	Dan Rosga	Shelly Cameron	Michael Klein
Deborah Schricker	Jack Schricker	Lynda West	Claudia Losego	Ben Cramer
Tetiana Kozak	Willie Haluszczak	Pat Dorning	Jackson Janosek	Corwin Cosentino
Jennifer Marley	Cynthia Mycyk	Yaroslava Dhzyrha	Donna Forbes	Teresa Stacy
Jason Bell	Catharine Livak	MaryAnn Sklaryk	Judee Shoup	Charlie Shoup
Sarah Winn	Baby Sean	Mary Lou Bender	Lesia Federova	James Morgan
Natalia Mahalay	James Morgan	Athena Mycyk	Esta Peyton	Andrew Civetini

by the power and grace of Your Christ. Grant them the patience that comes from believing that You are always at work in our lives to bring good out of evil. Grant them strength of body, mind and soul. Raise them up from the bed of pain. Grant them full recovery. May they experience the same surge of healing power flow through their bodies, as did the sick woman who touched your robe. For we, too, are touching your robe today, dear Lord, through this our prayer. We approach you with the same faith she did. Grant them the gift of health. For You alone are the source of healing and to You we offer glory, praise and thanksgiving in the name of the Father, Son and Holy Spirit.

Amen

# Mnohaya fita - Many Blessed Years

#### **Names Davs**

#### **April 14 St. Mary of Egypt**

Mary Stevens, Mary Pontus, Maria Stepanovich, Maria Warholak, Beverly Kapeluck, Mary Olexa, Mary Kukuashvili Anniversaries

#### **Birthdays**

April 12 Catherine Walton
April 14 Ronald Wachnowsky
April 15 Alexander Popichak
April 17 Sophia Turicik
April 18 Matthew Popichak
April 18 Leonid Aleksandrov

#### **Feast Days of:**

April 12 St. John Climacus

April 13 St. Benjamin the Deacon

April 14 St. Mary of Egypt

April 17 St. Joseph the Hymnographer

## Pray for our friends and relatives serving in the armed forces.

Patrick Kluyber, Catherine Sheerin, Gregory Markiw, Ethan Rock, Michael Hrishenko, John Howe

#### **Pray for our Catechumens**

John Barth

#### Pray for our parishioners in vocational studies

Deacon Evan O'Neil, Sue Leis



\*

## Stewardship

#### THANK YOU FOR THESE RECENT DONATIONS:

General Collection 4/5/20

•	Envelopes & Basket	\$2	2,500.00
•	Candles	\$	116.00
•	Marlane Pawlosky	\$	100.00
•	Lent	\$	100.00
•	Annunciation	\$	100.00

## Weekly Envelopes and Donations

Dear Parishioners, Glory to Jesus Christ!

SS Peter and Paul Parish Council would like to thank you for your support over the last couple of weeks by sending in your envelopes and donations through the mail and the online <a href="https://donation.org/ram">Thith.ly</a> donation program. This will help to pay salaries, utility bills and other necessary bills that continue to arrive while we are not in church together. We have taken measures to reduce our utility usage in our buildings and have agreed to postpone some of our projects until we understand when we can again resume our normal services. We look forward to seeing you all soon and worshipping together again.

With the recent postponement of our Divine Liturgies on Sundays please send your weekly envelopes and any donations directly to:

John Stasko 202 Midfield Circle Drive McDonald, PA 15057

Continue to make the checks out to the church. I will gather all donations and make a deposit. This will save trips to Carnegie and the post office. I can make one trip to the bank once a week. Your mailed donations will help assist in paying the normal bills that will continue to come through during this difficult time. Many thanks to you for your help in this matter. Reminder - please do not send cash.

Another way to donate is to use the donate button on the website (<a href="www.orthodoxcarnegie.com">www.orthodoxcarnegie.com</a>) under the Support section. Make an online donation with your credit or debit card via our Tithely "DONATE" button link. You can select the ministry area to donate to from the drop down option menu.

- o General Fund [Supports general expenses and necessities of the parish for example]
- o Parishioner Commitments [Supports the "Parishioner donation" promise]
- o Cemetery Fund [Supports the upkeep and maintenance of our Parish Cemetery]
- o Restoration Fund [Supports the upkeep and maintenance of the Parish Buildings and Grounds]
- o Stewardship Fund [Supports charities that are supported by the Parish]
- o General Ministries of the Parish [Supports various ministries of the Parish ]
- Charest Adoption Fundraising [Supports the fundriaising efforts for their adoption efforts]

#### PLEASE NOTE:

- >You may place a short comment about your donation in the "Note/Memo" section on the donation page.
- >If you would like your donation to be a "Re-curring Donation", please check the "recurring giving" box.
- >If you would like to help cover the cost of the processing fee of the online donation, please check the "cover cost" box. Parishioners, please use your "Envelope Number" for the "Member ID#" on the donation page.



#### Glory to Jesus Christ!

As we conclude Great Lent and enter into Holy Week there are a few things of which I'd like to inform you. As many of you know, our services have been live streamed and will continue to be according to the schedule set out before Great Lent began. Now is a great opportunity to share the beauty of the Orthodox Liturgical life with your friends and coworkers who may not know what Orthodoxy is or what the services look like. Please share the link to our website with as many people as you're able so that we can share the love of our Lord with all of our neighbors.

After the Liturgy of Palm Sunday, palms and pussy willows will be blessed and set aside for our parishioners. Our hiearchs are already looking forward to the day in which we will re-enter into our church and asked their priests to distribute the blessed palms and pussy willows on that day to mirror the triumphant entry of our Lord into Jerusalem. Our heirarchs are so excited to have us in church again that they've already mapped out how we will be distributing the palms and pussy willows along with which prayers we will pray. I am overjoyed to do this and can't wait to have you all in the church again.

During Holy Week services, I humbly ask for your forgiveness in advance. While this is not a theatrical production, I need to consider that you are watching this through a screen. There will be services, that are usually done in darkness, that will be illumined so that you may see what's taking place. There will also be less set up for the services; for example the plashchinitsya (shroud) will be laid on the tetrepod rather than setting up the tomb. Doing things like this allow us to serve the services for you without having to call in groups of volunteers to assemble and dismantle things in a time when we are supposed to be staying home.

At the conclusion of the Pascha service, which will begin at 9:30 PM on Saturday, April 18th, as scheduled, I will bless my family's pascha basket while still live streaming. Our hierarchs would like you to join me, at this time, in blessing your family's basket. After I read the prayer of the blessing I will sprinkle my basket with Holy Water and you are asked to do the same with the Holy Water in your house. Our hierarchs stress that this procedure is blessed to occur this way for this year only because of the pandemic.

As always, please reach out to me if you have any needs or know of someone who has a need. I miss you all and am praying for all of you. I look forward to when we will be back together in our beautiful church. Please take caution in all aspects of your life; none of us will regret being cautious when this is over. May God bless all of you, those for whom you pray, and all of the people still going to work every day so that we have what we need, with health, peace, and endurance.

In Christ's love,

Fr. John

## VIEWING SERVICES ON PARISH WEBSITE

1. To view the services from the parish website please click on the following link which will take you right to the needed page.

https://orthodoxcarnegie.org/divineliturgy



 Click on HERE when you get to the page. You will also see instructions on what to do if you receive messages and how to get assistance.



You may see these screens, click NOT NOW if you do not have a Facebook account.





4. To increase the picture size of the service being broadcast on Facebook, just click on the two arrows as shown on the picture here. To adjust sound, click on the speaker symbol shown on picture as well.



Any issues or questions with viewing of services and or website please email orthodoxcarnegie@gmail.com. Thank you!

O Lord, God Almighty, Who had ordered, by Thy servant Moses, the vestments of the high priest, priestly and Levitical, and those various decorations in comeliness and beauty of the temple and Your sanctuary; mercifully hear now our entreaty...

(taken from the service to bless vestments)

Our parish will be purchasing new vestments for those who serve and will serve in the altar. The current vestments that the altar servers wear are about 50 years old. While they were taken care of very well, it is time to update them and plan for future generations. We will be purchasing different colors, White for the 40 days after Pascha and Christmas through the leave-taking of Theophany, Purple for the 50 days of Great Lent, and Gold for

every other day of the year. The purchase of altar server vestments will include the purchasing of priest and deacon vestments. While some church organizations have come forward to help cover the cost of the vestments there is still an opportunity to donate to the purchasing of vestments. In each color we will be purchasing four adult size vestments at \$105 per vestment, six child size vestments (that we will order longer than we need, hem, and let out the hem as the boys grow) at \$85 per vestment, Deacon vestments at \$218 per set, Priest vestments at \$273 per set, and matching chalice covers at \$63 per set. If you're interested in contributing to the general purchase or would like to make a specific donation to cover certain vestments please contact John Stasko 412-304-1841 or <a href="mailto:jmstasko@gmail.com">jmstasko@gmail.com</a>. If you're curious about the project, (why we chose these colors, where the vestments are being made, etc.) please reach out to Fr. John



\*

## Suffering

Elder Ambrose of Optina Monastery said, "We should not forget that in our age of 'sophistication' even little children are spiritually harmed by what they see and hear. As a result, purification is required....You must understand that Paradisal bliss is granted to no one without suffering."

A person walks on the path to salvation not only by his good deeds, but also by his patient suffering of various griefs, illnesses, misfortunes, and failures (Luke 16:19-31, Mark 8:31-38, Romans 6:3-11, Hebrews 12:1-3, and Galatians 6:14). Jesus Christ gives us the power which is needed for transformation, and prepares us to live with a strength under the most difficult conditions, preparing us for the peace that is eternal, and He comes and stands next to us in our suffering.

Without suffering we can not join ourselves to the cross, and when we do take up our cross in suffering, it is with our Co-Suffering Saviour. Sickness and suffering are not given to us by a wrathful and punitive God because we have sinned, but rather allowed by this loving God who co-suffers with us. It is Western juridical misconceptions concerning sin which has tended to distort a proper recognition of suffering and its connection to sin.

During this Covid 19 Pandemic, we are all experiencing separation from our friends and family. Additionally, many are experiencing job loss, compounded by the added financial worry that has come with the loss of income. I, like most priests I know, am also heartbroken that I can not receive pilgrims to the monastery, many of whom are like family to me. Yet I know in my heart that this suffering is salvific, not only for myself, but for all those I love and care about.

This is a call from the Lord to repentance, and is therefore a gift from the Lord Most High. We now have an opportunity to go inward, where we can deepen our prayer life, and enter into the Silence where God is speaking to each of us. These are indeed difficult times, yet if we look deeply at what is happening, we can also see that they can be the best of times.

With love in Christ, Abbot Tryphon



Upon the invitation of the Office of the President of the United States of America, over 100,000 religious leaders from across the country participated in the teleconference with the 45<sup>th</sup> President of the United States of America Donald Trump.

His Eminence Archbishop Daniel represented Metropolitan Antony, clergy and faithful of the Ukrainian Orthodox Church of the USA at the virtual meeting with the US President.

President Trump opened the meeting with his introductory remarks, reflecting upon the upcoming season of religious Holy Days, thanking the religious leaders of the United States of America for their cooperation in saving lives of Americans across the country and the globe. Mr. Trump also reiterated to the participants of the meeting that the PayCheck Protection Program Plan is also available to Faith communities and over 200,000 applications have been submitted already, and about 250 billion US dollars in aid is available and offered to small businesses.

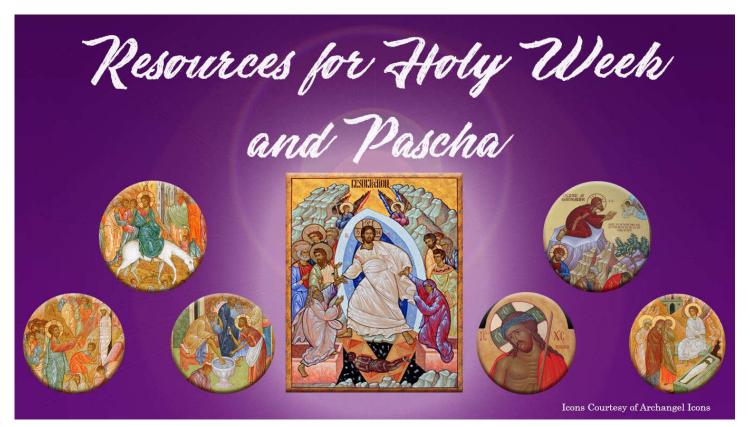
Listening to the voice of the religious leaders of various Faiths backgrounds, President Trump offered gratitude to all religious



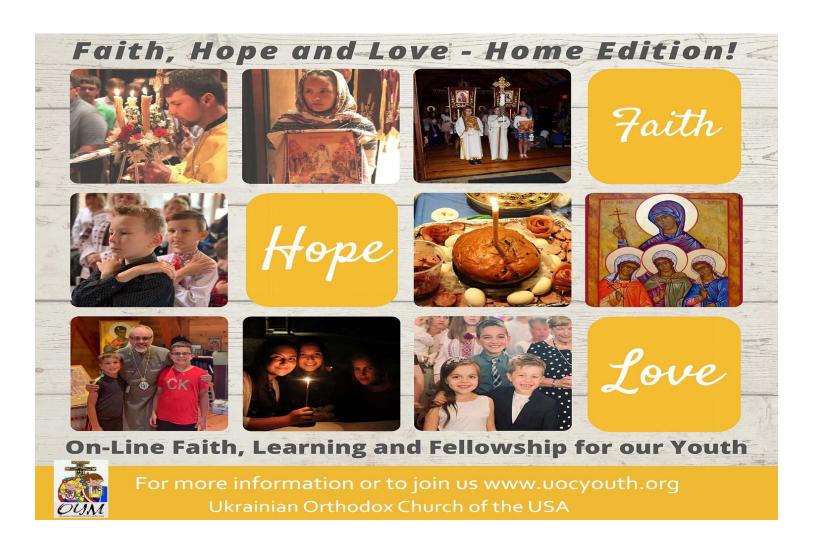
communities, stating that "...Faith inspires us to care for the vulnerable..." The President also thanked students of religious communities for taking initiative and offering free delivery of food to those that are in need of physical assistance. Mr. Trump concluded his formal remarks with the statement that "...Americans believe in the power of prayer..."

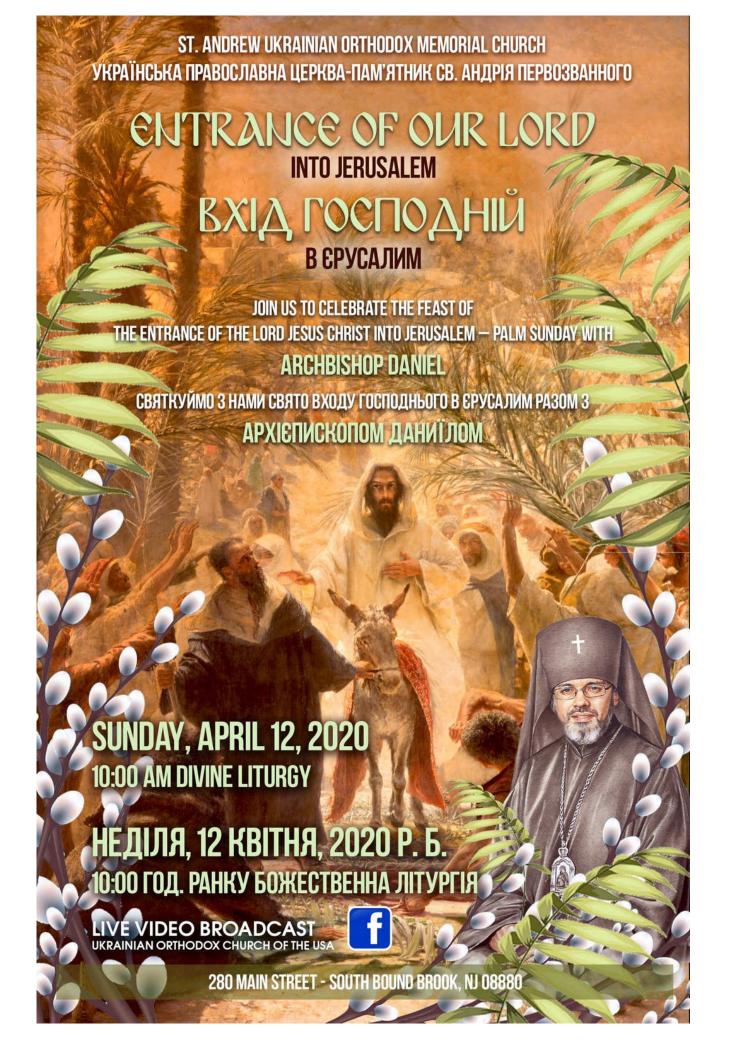
Following the formal remarks of the President, the Vice-President of the United States of America Michael Pence addressed the attendees of the teleconference, stating that as people of the United States of America - "...We are a nation of Faith!"

The meeting concluded with several prayers offered by the religious leaders in attendance of the meeting.



http://www.orthodoxyouth.net/youthworkers/holy-week-resources?fbclid=IwAR0\_ypP4cEXl-zx2xxysZiSRisezG4yasXgaDoS1HCEFuneo\_gv8e3Y0foc







# Lazarus Saturday

Saturday of the Holy and Righteous Friend of Christ, Lazarus

#### Introduction

On the Saturday before Holy Week, the Orthodox Church commemorates a major feast of the year, the miracle of our Lord and Savior Jesus Christ when he raised Lazarus from the dead after he had lain in the grave four days. Here, at the end of Great Lent and the forty days of fasting and penitence, the Church combines this celebration with that of Palm Sunday. In triumph and joy the Church bears witness to the power of Christ over death and exalts Him as King before entering the most solemn week of the year, one that leads the faithful in remembrance of His suffering and death and concludes with the great and glorious Feast of Pascha.

#### **Biblical Story**

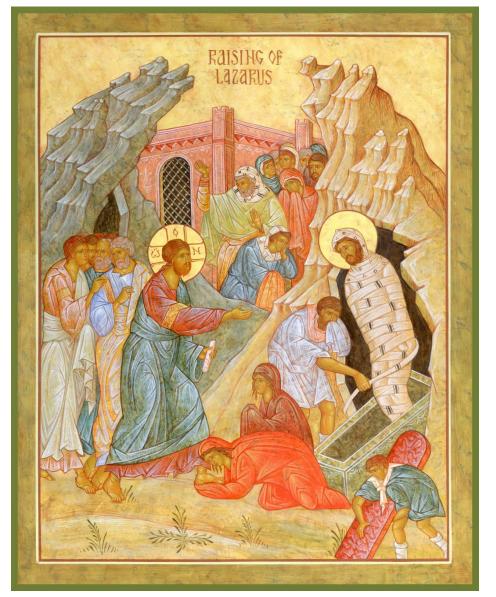
The story of the raising of Lazarus from the dead by Jesus Christ is found in the Gospel of John 11:1-45. Lazarus becomes ill, and his sisters, Mary and Martha send a message

to Jesus stating, "Lord, he whom you love is ill." In response to the message, Jesus says, "This illness does not lead to death; rather it is for God's glory, so that the Son of God may be glorified through it" (vv. 1-4).

Jesus did not immediately go to Bethany, the town where Lazarus lived with his sisters. Instead He remained in the place where He was staying for two more days. After this time, He told his disciples that they were returning to Judea. The disciples immediately expressed their concern, stating that the Jews there had recently tried to stone Him (John 10:31). Jesus replied to His disciples, "Are there not twelve hours of daylight? Those who walk during the day do not stumble, because they see the light of this world. But those who walk at night stumble, because the light is not in them" (vv. 5-10).

After He said this, Jesus told his disciples that Lazarus had fallen asleep and that He was going there to wake him. The disciples wondered why He would go to wake Lazarus, since it was good for him to sleep if he was ill. Jesus, however, was referring to the death of Lazarus, and thus told the disciples directly that Lazarus was dead (vv. 11-14).

When Jesus arrived at Bethany, Lazarus had already been in the tomb four days. Since Bethany was near Jerusalem, many of the Jews had come to console Mary and Martha. When Martha heard that Jesus was approaching she went to meet Him and said to Him, "Lord, if you had been here, my brother would not have died. But even now I know that God will give you whatever you ask of Him." Jesus told her that her brother will rise again. Martha said that she knew he would rise again in the resurrection on the last day. Jesus replied, "I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die." Jesus asked Martha if she believed this. She said to Him, "Yes, Lord, I believe that you are the Messiah, the Son of God, the one coming into the world" (vv. 17-27).



Martha returned to tell Mary that Jesus had come and was asking for her. Mary went to meet Him, and she was followed by those who were consoling her. The mourners followed her thinking that she was going to the tomb to weep there. When she came to Jesus, she fell at His feet and said, "Lord, if you had been here, my brother would not have died." Jesus saw her weeping and those who were with her, and He was deeply moved. He asked to be taken to the tomb of Lazarus. As Jesus wept for Lazarus the Jews said, "See how He loved him." Others wondered that if Jesus could open the eyes of the blind, He certainly could have kept Lazarus from dying (vv. 28-37).

Jesus came to the tomb and asked that the stone that covered the door be taken away. Martha remarked that Lazarus had now been in the tomb for four days and that there would be a stench. Jesus replied, "Did I not tell you that if you believed, you would see the glory of God?" The stone was taken away, and Jesus looked toward heaven and said, "Father, I thank you for having heard me, but I have said this for the sake of the crowd standing here, so that they may believe that you sent me." When He had said this, He called out with a loud voice, "Lazarus, come out!" Lazarus walked out of the tomb, bound with the strips of burial cloth, and Jesus said, "Unbind him, and let him go" (vv. 38-44).

As a result of this miracle, many of the Jews that were present believed in Jesus. Others went and told the Pharisees what Jesus had done. In response the Pharisees and chief priests met and considered how they might arrest Him and put Him to death (v. 45ff).

This miracle is performed by Christ as a reassurance to His disciples before the coming Passion: they are to understand that, though He suffers and dies, yet He is Lord and Victor over death. The resurrection of Lazarus is a prophecy in the form of an action. It foreshadows Christ's own Resurrection eight days later, and at the same time it anticipates the resurrection of all the righteous on the Last Day: Lazarus is "the saving first-fruits of the regeneration of the world."

As the liturgical texts emphasize, the miracle at Bethany reveals the two natures of Christ the God-man. Christ asks where Lazarus is laid and weeps for him, and so He shows the fullness of His manhood, involving as it does human ignorance and genuine grief for a beloved friend. Then, disclosing the fullness of His divine power, Christ raises Lazarus from the dead, even though his corpse has already begun to decompose and stink. This double fullness of the Lord's divinity and His humanity is to be kept in view throughout Holy Week, and above all on Good Friday. On the Cross we see a genuine human agony, both physical and mental, but we see more than this: we see not only suffering man but suffering God.

#### Icon of the Feast

The icon of the Saturday of Lazarus shows Christ calling His friend to come out of the tomb. Lazarus is coming forth from the tomb, still bound in the strips of burial cloth. His sisters, Mary and Martha are bowing before Christ, expressing both their sorrow in the death of their brother, but also their faith in Christ as the Messiah and Son of God. Next to them is someone who has followed the request of our Lord and removed the stone from the door of the tomb.

Standing with Christ are his disciples who are witnesses of this miracle, a true manifestation of the power of God that would bring them assurance during the Passion of our Lord.

In the center of the icon is a person who represents the crowd who also witnessed the miracle. Some believed, but others went and told the Pharisees and chief priests who continued their machinations to bring about the arrest of Christ and His death. The walled city of Jerusalem, where Christ will arrive in triumph the following day, is depicted in the background.

#### Orthodox Christian Celebration of the Saturday of Lazarus

The Saturday of Lazarus is celebrated with the Divine Liturgy of Saint John Chrysostom, which is preceded by the Matins service. On Friday before the feast, the Vespers is done either in conjunction with the Presanctified Liturgy or if this is not held, according to the order of the Triodion. The day and commemoration receives its name from the miracle of Christ recorded in the Gospel. Both this feast and Palm Sunday are joyous festivals of the Church, and thus bright colors are used for vestments and the Holy Table.

At the Divine Liturgy of Lazarus Saturday, the baptismal verse from Galatians ("As many as have been baptized into Christ have put on Christ" Galatians 3:27) replaces the Thrice-Holy Hymn, thus indicating the resurrectional character of the celebration, and the fact that Lazarus Saturday was once among the few great baptismal days in the Orthodox Church Year. https://www.goarch.org/lazarus

# Palm Sunday

#### Introduction

On the Sunday before the Feast of Great and Holy Pascha and at the beginning of Holy Week, the Orthodox Church celebrates one of its most joyous feasts of the year. Palm Sunday is the commemoration of the Entrance of our Lord into Jerusalem following His glorious miracle of raising Lazarus from the dead. Having anticipated His



arrival and having heard of the miracle, the people went out to meet the Lord and welcomed Him with displays of honor and shouts of praise. On this day, we receive and worship Christ in this same manner, acknowledging Him as our King and Lord.

#### **Biblical Story**

The biblical story of Palm Sunday is recorded in all four of the Gospels (Matthew 21:1-11; Mark 11:1-10; Luke 19:28-38; and John 12:12-18). Five days before the Passover, Jesus came from Bethany to Jerusalem. Having sent two of His disciples to bring Him a colt of a donkey, Jesus sat upon it and entered the city.

People had gathered in Jerusalem for the Passover and were looking for Jesus, both because of His great works and teaching and because they had heard of the miracle of the resurrection of Lazarus. When they heard that Christ was entering the city, they went out to meet Him with palm branches, laying their garments on the ground before Him, and shouting, "Hosanna! Blessed is he that comes in the Name of the Lord, the King of Israel!"

At the outset of His public ministry Jesus proclaimed the kingdom of God and announced that the powers of the age to come were already active in the present age (Luke 7:18-22). His words and mighty works were performed "to produce repentance as the response to His call, a call to an inward change of mind and heart which would result in concrete changes in one's life, a call to follow Him and accept His messianic destiny. The triumphant entry of Jesus into Jerusalem is a messianic event, through which His divine authority was declared.

Palm Sunday summons us to behold our king: the Word of God made flesh. We are called to behold Him not simply as the One who came to us once riding on a colt, but as the One who is always present in His Church, coming ceaselessly to us in power and glory at every Eucharist, in every prayer and sacrament, and in every act of love, kindness and mercy. He comes to free us from all our fears and insecurities, "to take solemn possession of our soul, and to be enthroned in our heart," as someone has said. He comes not only to deliver us from our deaths by His death and Resurrection, but also to make us capable of attaining the most perfect fellowship or union with Him. He is the King, who liberates us from the darkness of sin and the bondage of death. Palm Sunday summons us to behold our King: the vanquisher of death and the giver of life.

Palm Sunday summons us to accept both the rule and the kingdom of God as the goal and content of our Christian life. We draw our identity from Christ and His kingdom. The kingdom is Christ - His indescribable power, boundless mercy and incomprehensible abundance given freely to man. The kingdom does not lie at some point or place in the distant future. In the words of the Scripture, the kingdom of God is not only at hand (Matthew 3:2; 4:17), it is within us (Luke 17:21). The kingdom is a present reality as well as a future realization (Matthew 6:10). Theophan the Recluse wrote the following words about the inward rule of Christ the King:

"The Kingdom of God is within us when God reigns in us, when the soul in its depths confesses God as its Master, and is obedient to Him in all its powers. Then God acts within it as master 'both to will and to do of his good pleasure' (Philippians 2:13). This reign begins as soon as we resolve to serve God in our Lord Jesus Christ, by the grace of the Holy Spirit. Then the Christian hands over to God his consciousness and freedom, which comprises the essential substance of our human life, and God accepts the sacrifice; and in this way the alliance of man with God and God with man is achieved, and the covenant with God, which was severed by the Fall and continues to be severed by our willful sins, is reestablished."

The kingdom of God is the life of the Holy Trinity in the world. It is the kingdom of holiness, goodness, truth, beauty, love, peace and joy. These qualities are not works of the human spirit. They proceed from the life of God and reveal God. Christ Himself is the kingdom. He is the God-Man, Who brought God down to earth (John 1:1,14). "He was in the world, and the world was made through Him, yet the world knew Him not. He came to His own home, and His own people received Him not" (John 1:10-11). He was reviled and hated.

Palm Sunday summons us to behold our king - the Suffering Servant. We cannot understand Jesus' kingship apart from the Passion. Filled with infinite love for the Father and the Holy Spirit, and for creation, in His inexpressible humility Jesus accepted the infinite abasement of the Cross. He bore our griefs and carried our sorrows; He was wounded for our transgressions and made Himself an offering for sin (Isaiah 53). His glorification, which was accomplished by the resurrection and the ascension, was achieved through the Cross.

In the fleeting moments of exuberance that marked Jesus' triumphal entry into Jerusalem, the world received its King, the king who was on His way to death. His Passion, however, was no morbid desire for martyrdom. Jesus' purpose was to accomplish the mission for which the Father sent Him.

"The Son and Word of the Father, like Him without beginning and eternal, has come today to the city of Jerusalem, seated on a dumb beast, on a foal. From fear the cherubim dare not gaze upon Him; yet the children honor Him with palms and branches, and mystically they sing a hymn of praise: 'Hosanna in the highest, Hosanna to the Son of David, who has come to save from error all mankind.'" (A hymn of the Light.)

"With our souls cleansed and in spirit carrying branches, with faith let us sing Christ's praises like the children, crying with a loud voice to the Master: Blessed art Thou, O Savior, who hast come into the world to save Adam from the ancient curse; and in Thy love for mankind Thou hast been pleased to become spiritually the new Adam. O Word, who hast ordered all things for our good, glory to Thee." (A Sessional hymn of the Orthros)

#### Icon of the Feast

In the Icon of the Feast of Palm Sunday, Christ is the central figure, depicted seated upon the colt of a donkey as He enters Jerusalem, a fulfillment of the prophecy found in Zechariah 9:9. Christ is blessing with His right hand, and in His left hand is a scroll, symbolizing that He is the fulfillment of the Old Testament prophecies concerning the Messiah, the Anointed One who has come to redeem us from our sins and break the power of death. The colt, one of the animals that were considered unclean according to the Law, is symbolic of the inclusion of all peoples of all nations in the new covenant that will come through the death and Resurrection of Christ (Isaiah 62:10-11). It is also a sign that our Lord has revealed a heavenly and spiritual kingdom that offers true and enduring peace.

On the right, the disciples accompany Jesus in His Triumphal Entry. Depicted on the left are the Jews who greet Him crying "Hosanna! Blessed is he who comes in the name of the Lord, even the King of Israel!" The word "Hosanna" means "Save, I pray" or "Save now."

The children are the small people who are greeting Christ with palm branches and laying these and their garments on the ground before Christ as tokens of honor for one who is acknowledged as a King. The city of Jerusalem is shown as the walled buildings, and the temple is depicted as the building with the dome.

#### **Orthodox Christian Celebration of Palm Sunday**

https://www.goarch.org/palmsunday

# COPING WITH COVID-19 FOR ORTHODOX CHRISTIANS

## tips for coping

#### **ADULTS**

- · Acknowledge the upheaval in your daily life, & give yourself a chance to catch your breath.
- Be gentle with yourself and those around you—this is new for everyone.
- Maintain regular routines of diet, sleep, & exercise.
- · Limit exposure to news-no more than 30 minutes a day.
- Replace commuting time with walking outside or other form of exercise.
- · Use social media to communicate with people, but not to read anxiety provoking stories.
- Practice physical distancing NOT social distancing by staying connected with others through text/phone/internet.
- For uncontrollable anxiety or depression, many psychotherapists now offer appointments online.

KIDS

- . Let them talk about their fears and worries without judgment.
- Reassure them that scientists are working on a cure and vaccines.
- Remind them that "stay at home" is temporary.
- · Maintain regular sleep and mealtimes.
- Involve kids in setting a schedule for their day.
- Limit exposure to news or adults talking about the news.
- Model healthy coping strategies (see "Adults").
- Continue to limit screen time and social media usage.
- Take advantage of this unique opportunity for family time—eat more meals together, enjoy
  "family fun time" in the evenings.
- Avoid power struggles over schoolwork.
- Reward for work completed, empathize with the challenges of "elearning," & set realistic
  expectations.

#### our spirituality



#### PRAYER

- · Pray daily.
- Watch Church Livestreams: Stand, pray/sing aloud, & cross yourself as you would if in church.
- Pray the Typika (readers) services.
- · Sit in silence daily.
- · Read daily scriptures.
- Read spiritual books.



#### **FASTING**

- Continue to observe your Lenten food fast.
- Abstain from excessive social media use; avoid gossip/arguments.
- Replace screen time entertainment with reading and/or spiritual videos/podcasts.



#### **ALSMGIVING**

- Make an added offering to your parish.
- · Donate closet items.
- · Donate blood if able.
- Skype distant relatives/friends during mealtimes.
- Connect kids & grandparents via Skype to read, cook or play a game together.
- Ask older relatives to share life stories to make a biography.

for more resources, visit ocampr.org

Prepared By Randa K. Anderson, Ph.D.

## We are Combatting COVID-19.

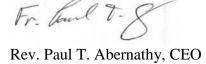
Posted on April 6, 2020 by Neighborhood Resilience

In this time of crisis, the Neighborhood Resilience Project is working to build resilience in our community as we address COVID-19 crisis. Several ways we are working to combat the virus and mitigate the economic impact for people during this time are below:

- 1. We have launched a **Community Health Deputy** Initiative. We are working to establish **Community Health Deputies** in medically underserved communities across Allegheny County. These deputies have three objectives:
  - 1. To be trained in the epidemiological frame work to combat the spread of the disease (to include screening for symptoms of and exposure to COVID-19).
  - 2. To understand and respond to the needs of the people, including but not limited to food and medicine.
  - 3. To assess and support the mental health of people in this time of crisis.
- 2. We have been performing **Telephonic Wellness Checks.** These check ups are conducted from one of our staff members or volunteers to community members who are either 60+ or who have serious underlying health issues that place them in the high risk for contracting COVID-19. During these checks, the staff and volunteers are evaluating the following:
  - 1. Assessing for signs and symptoms of and exposure to COVID-19.
  - 2. Screening for needs again such as food and medicine.
  - 3. Checking on the Mental Health of the community member.
- 3. We have moved health center operations to **Telemedicine**. We are continuing to administer health care to hundreds of uninsured patients with our amazing volunteer clinicians and telemedicine. Our patients will therefore still get the care needed for their existing conditions, care for any new presenting illnesses as well as care for other needed supports.
- 4. Finally, we are providing **Food.** We have seen a large increase in people needing food. Any canned or non-perishable items are gratefully accepted (Pop Top Cans or Can Openers are always appreciated). The numbers of people coming to get food increases each day.

If you are interested in learning more about supporting one of these initiatives to combat COVID-19 and its economic impact in our community, please contact us at info@neighborhoodresilience.org.

Together we shall overcome! Sincerely,





IT'S TIME FOR

# LEADERS TO UNITE

Your community needs you now more than ever. We have trained 40 Community Health Deputies so far. Will you be one to join the ranks?

Message us for more details.



# Our Response to COVID-19 (coronavirus)



By Lisa Scales UPDATE: (Thursday, April 2, 2020 – 1 p.m.)

Greater Pittsburgh Community
Food Bank is committed now
more than ever to serving those
in need of food assistance
during the COVID-19 crisis. As
our region unites and rallies
around each other, the Food
Bank is incredibly grateful to
everyone who has answered the
call to support our mission. The
outpouring has been incredible,
but knowing the personality of
southwestern Pennsylvania, it's
not surprising. We are the City
of Champions!



The Food Bank has continued to

make adjustments to our operations in accordance with health and safety recommendations, as well as the overall demand for food. In March, we made the incredibly tough decision to cancel our Produce to People distributions until further notice. These 18 monthly events serve a large population in our 11-county service area. However, we made this decision to ensure the health and safety of our staff, volunteers and the people we serve. That particular model does not fall in line with social distancing standards. **Also, in order to best allocate our staffing resources, we have also discontinued our Green Grocer program until further notice**.

To help fill that gap and need for food, we've implemented our new drive-up emergency food distribution model. Through our first four distributions, utilizing a no-touch approach, we have served 5,109 vehicles providing a total of 265,450 pounds of food. We will continue to strategize how to best execute this model moving forward. Thanks to the Duquesne and surrounding police departments, our most recent emergency food distribution outside our warehouse (March 30) served 809 vehicles in just three hours. Overhead video footage from this distribution has been seen across various news organizations and more than 1.2 million times on social media. That video led to invaluable and much needed national awareness about the demand for food assistance. Food Bank representatives appeared on multiple local and national media outlets to discuss the current status of our operation.

Our President & CEO, Lisa Scales was featured on <u>CNN with Anderson Cooper</u> and <u>MSNBC with Katy Tur</u>. <u>Newsweek</u> highlighted the impact that coronavirus has had on food banks, while <u>KDKA-AM Radio</u> shared a generous donation that was made to our organization.

#### NATIONAL GUARD ACTIVATION

As of Thursday, April 2, the Pennsylvania National Guard has been activated to support our operations. The Guard will be assisting with the mass packing of emergency food boxes, large scale drive-up distributions and general operations.

## FOOD SUPPLY, DISTRIBUTION AND INVENTORY

In total, through our warehouse, we distributed one million more pounds of food in March 2020 than we did in March 2019. Additionally, we have had a 543 percent increase of people coming to the Food Bank directly for food. At the current time, our inventory is still strong, but that may change over the coming weeks. The demand is truly unprecedented. We spent \$1.7 million in the past two months on food purchases, compared to an average of \$550,000 in that same time frame from 2013-2019. This is why financial contributions are most critical at this time.



Every dollar you are able to donate provides enough food for up to five meals to our neighbors in need. The generosity of our region ensures that those who are struggling financially don't have to go without sufficient food during this time of crisis.

With Gratitude, Lisa Scales President & CEO

Donate Here: https://secure.qgiv.com/for/gbfdef2st/info/header\_button/

## Volunteers are the heart of our mission to feed people in need.

Last year, more than 5,000 volunteers joined the Food Bank family, sharing 61,000 hours of their time. We have several ways you can join us—you or your group are sure to find an opportunity that fits your schedule and interests.

- Volunteer at our warehouse for Repack opportunities.
- Help at one of our Produce to People distributions.
- Rescue remaining harvest in fields at farms in our region.
- Support our day to day office activity.
- Get your whole family involved in volunteering.



INDIVIDUAL https://www.pittsburghfoodbank.org/get-involved/volunteer/individual/

GROUP https://www.pittsburghfoodbank.org/get-involved/volunteer/group/

For more information on these and other opportunities, email us at <u>volunteer@pittsburghfoodbank.org</u> or call 412-745-7600.



#### Calendar of Events

June 6 53<sup>rd</sup> Annual Pysanky Sale

June 12 – 15 St Nicholas Special Needs Family Camp

**June 21-July 13** Diocesan Church School Camp

July 5-18 Teenage Conference

July 22-26 23<sup>rd</sup> Annual UOL Convention July 27-31 Mommy & Me /Daddy & Me Camp

## Parish Weekly Schedule

#### Monday

#### **Kyiv Ukrainian Dance Ensemble & School**

Rehearsals begin every Monday at 6:00 pm. Classes for all ages. For more info call Director Natalie Kapeluck or just stop down any Monday.

### Thursday Morning

#### **Senior Coffee Hour**

You're invited to our FREE coffee and donuts, and sometime pancakes, French toast or waffles every Thursday from 10:00 AM to 11:30 . . . or whenever it's over. At the parish hall. YOU ARE NOT PERMITTED TO BRING ANYTHING!!! However, bring a Friend!!! Need A Ride, Call: Steve Sivulich, (Hall Phone: 412-276-9718) SPONSORED BY:

Sts. Peter & Paul Kitchen Workers

3<sup>rd</sup> Sunday of the Month

#### St John & Martin's Closet

Clothing for men, women and children. Bedding & towels

Trade something old for something new, leave a donation. or just take what you need.

Donations of clean, gently used or new clothing/bedding accepted when the closet door is open. all

276-9718 to schedule a donation.

#### Parish Website/Social Media

To Submit items for publication on website & social media:

>email information/items to orthodoxcarnegie@gmail.com

>if you have a flyer (not required) submit in picture format if possible >allow 24 to 48 hours for request to be completed.

If needed sooner, please indicate and text Chris Mills at 412-716-0562.

>an email can be submitted from Parish Website | Contact Page; using the technology email form

Find & follow us on:





#### **BULLETIN SPONSOR DATES**

	April 5	May 3	
	April 12	May 10	
`	April 19	May 17	
	April 26	May 24	
	•	May 31	
	LETIN SPONSOR FORM		
_	onor of		
In M	emory of		
Date	of Bulletin you wish to sponsor		
Dona	ntion (\$20. minimum suggested)		
(Pleas	se make checks payable to "Sr. UOL Chapter"	")	



\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

SS. Peter & Paul Ukrainian Orthodox Church PO Box 835 Carnegie, PA 15106

RETURN SERVICE REQUESTED